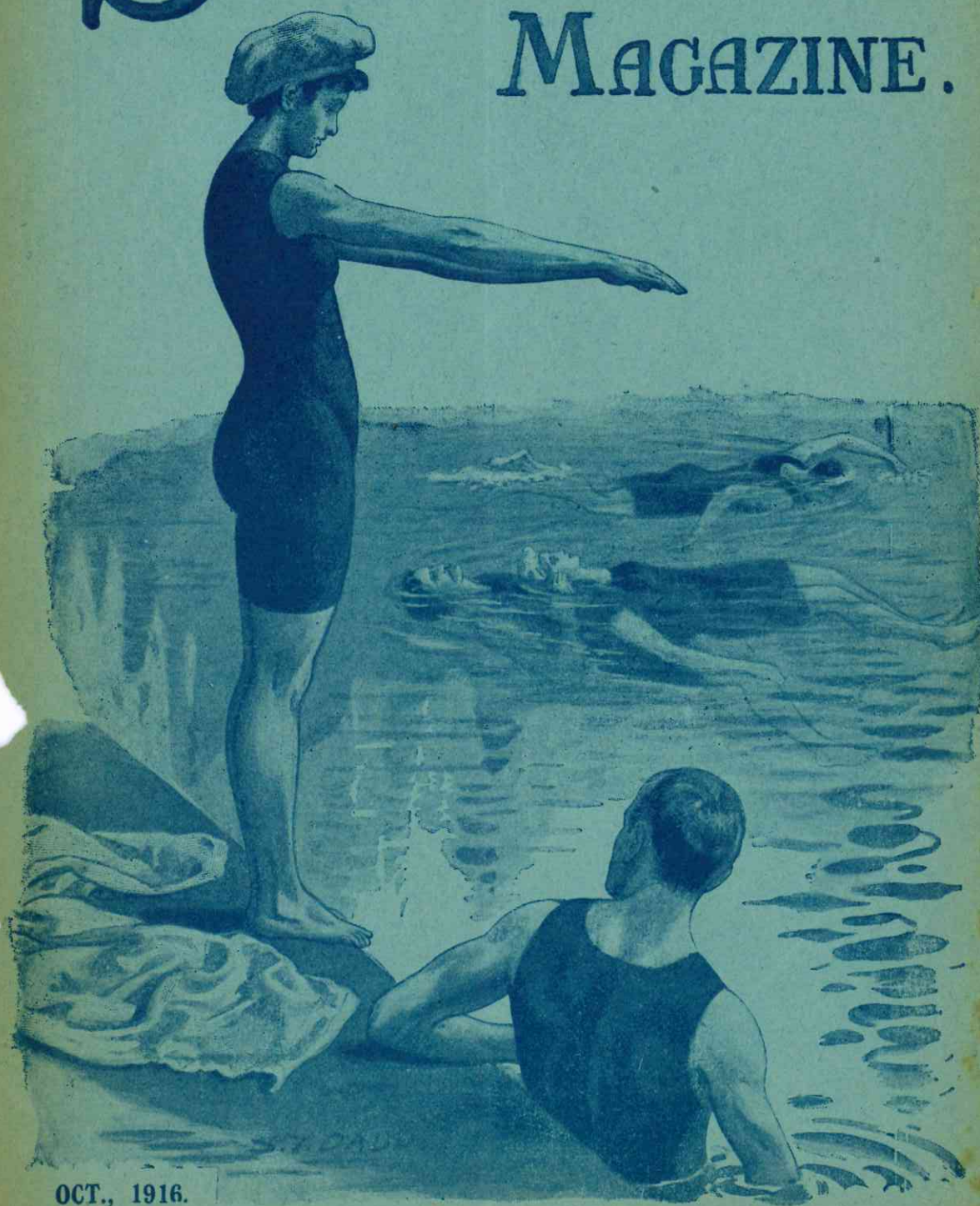


THE  
**SWIMMING**  
MAGAZINE.



OCT., 1916.



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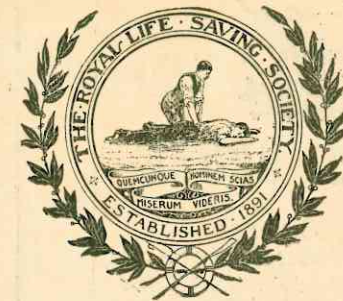
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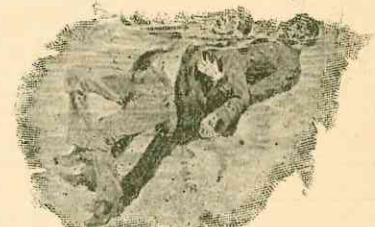
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# The Swimming Magazine

(The Official Organ of The Royal Life Saving Society)

No. 5. VOL. III.

OCTOBER, 1916.

## THE SWIMMING BATH. ITS RELATION TO PUBLIC HEALTH. WAR ECONOMY THE EXCUSE FOR NEGLECT.

THE purposes of a public swimming bath are not any too well understood, therefore there is occasion to remind a large percentage of the people that a swimming bath is an educational institution in which the individual acquires a knowledge of the art of swimming, which once learnt can never be forgotten. He also advances his health, and improves his bodily efficiency. The bath should not be regarded purely as a place in which to wash one's self, a swimming bath was never intended for that purpose, and it is not pleasant to think that many regard it and use it as such. Therefore, we feel that the title, "Public Baths and Washhouses" by which the institutions are known should be prefaced by the words, "School of Swimming," as is the case in other countries, chiefly on the continent of Europe. Such a title would indicate at a glance the chief purpose of the institution, particularly to those who seldom enter such establishments. They would learn from the title that there were separate places inside in which to swim, to wash the body and to cleanse the dirty linen.

It has been proved by statistics that only a very inconsiderable part of the entire population of a city are users of these establishments or realize that regular attendance and participation in the art of swimming improves one's health and adds years to one's life. If all were to undertake the exercise of swimming for the benefit of their health many more public baths would be needed, and the more there were used the better would be the general health of the people.

Modern education has done much to point out the advantages of bodily exercise, and what finer exercise can one have than swimming for body building, particularly in large cities where facilities for physical exercise are limited? The dictum of Herbert Spencer that a human being must first become sound in body in order to become capable of exer-

cising to the utmost the mental capacities, has been accepted in all its significance, and never since the days of the ancients has the fundamental necessity of a sound body been so fully emphasized as during the present war.

Swimming is an exercise which makes fit the old and the young, and the continuance of this exercise naturally carries many advantages, tending chiefly to establish resistance against many mistakes and errors in the habits of living and leave those physical attributes which extend human life to the fullest span, and which render it enjoyable. This exercise should be looked upon as a machine which, in order to yield its best in the way of easy swimming and durability, should be attended to almost daily. This is, perhaps, one important rule which most people disregard, and which is especially true of persons of sedentary occupation. To these a word by way of a reminder will not be amiss, they should cultivate the habit of swimming regularly, and so rescue their nervous and muscular system from prolonged inactivity, for which a regular swim in the open or in a covered bath is the best.

Had these principles been realized and acted upon by citizens, and had the various Bath Committees taken up their task with more sense of the great responsibility imposed on them we should at the present time have very few of our baths closed, because the demand for accommodation would have overpowered those who in their parrot cry of war economy are sacrificing the health and well-being of the citizens left at home, and more particularly that of the budding citizens who are training to take up in due time their forbears' place among the workers of the Empire and worthily uphold its traditions. Physical strength is a public necessity, and no opportunity of affording facilities for its acquisition should be neglected.



## THE ROYAL LIFE SAVING SOCIETY.

### WORLD WIDE INTEREST IN THE WORK.

**T**HE last meeting of the Central Executive was one of the most important of the season, for in addition to the many Awards granted, particularly to Naval and Military classes, the Executive had the satisfaction of electing a record number of Hon. Associates for services rendered to the cause of life saving in various parts of the world. They are Messrs. P. O. Wathes, Hon. Sec. of the Western Province Branch of the R.L.S.S., South Africa; William Bramall, who obtained his Medallion in 1908 at Stockport and now has done much good work at Malta; William V. Craven, Stanley G. Cunningham, Harry J. Hall, Chief Petty Officer Frank Harbin, Mary Jeffery, A. Leonard Melrose, Cyril P. Schrader, George H. Tempest and Frank W. Tucker, all of New South Wales, who, for their interest and hard work, have been specially recommended by the Executive of the New South Wales Head Centre; Mrs. C. E. Plowright, of Liscard, Cheshire, and M. L. Hodges, of Jarrow-on-Tyne, who in addition has provided many demonstrations, also started classes in connection with men on H.M. ships. Mr. Hodges holds all the Awards of the Society up to and including the Diploma. The Canterbury Branch highly recommended Mr. C. Bryant, of New Brighton, New Zealand, as fully deserving of the honour of an Associate of the Society, for, besides teaching the subject, he has also acted as Examiner in various parts of the Province.

Reports were read from the Tasmania Branch of the Society and from the Dominion of New Zealand Executive Council, with correspondence from the latter relative to the formation of a further Branch for New Zealand with Headquarters at New Plymouth. The Executive have to regret the loss of such good workers as G. E. Billson, Hon. Sec. of the Canterbury Centre and Dominion Executive Council, who has joined the Forces for the Overseas, and Mr. A. G. Stabb, Hon. Sec. of the Tasmania Branch, who has removed to Queensland.

Among other matters of interest reported by the Chief Secretary was the fact that he had the pleasure of entertaining Mr. W. G. Morpeth, first Hon. Sec. of the Wellington Branch, who as a Member of the New

Zealand forces had seen service in Samoa, Egypt, Gallipoli and France, where he had been rather seriously wounded. He had been a great worker for the cause, and when the Chief Secretary was in New Zealand he was the organizer-in-chief at Wellington.

Among the correspondence were letters from the Victorian, Queensland and West Australian Head Centres of Australia. The latter reported that during the past season 395 Awards had been granted and that the work out there stood high in public estimation.

#### WESTERN PROVINCE HEAD CENTRE.

As most of the senior swimmers of the Western Province of Cape Colony are away on service the leaders in swimming who are left are fostering the art among the juniors more than formerly, and fortunately are able to get the necessary instructors, for there is in every club in the Peninsula at least one holder of the Bronze Medallion who is competent to instruct.

Mr. Johnson has been making visits to various Scout troops, giving them a "Swimming and Life Saving Chat," and so the good work goes on.

The Union Club has nearly reached the hundred passes promised by its President. This club is one of the sources of strength of the Head Centre, and the Society owes a lot to its co-operation, especially for the good work so many of its members are doing as hon. instructors to other clubs and Scout troops as well as officiating at examinations.

It is pleasing to be able to record that Mr. Mitchell, the President of the Union Club, who promised the hundred passes before September 14, started training himself so as to set an example, and has gained his Award, as has also Mr. W. H. Terry, another member of the Committee, who would not be outdone by his President. We expect to hear by next mail that with such worthy examples before them, the century has long since been passed by the members of the Union Club.

Messrs. Berkovitch and Theodor, of the Pierhead Club, and Yell, Jackson and Katzin, of the Union Club, have successfully passed for the Award of Merit.

#### TARANAKI HEAD CENTRE.

A new Head Centre of the Royal Life Saving Society will probably be formed at New Plymouth, New Zealand, under the title of the "North Taranaki Head Centre," owing to the long distance which separates New Plymouth and adjacent club headquarters from the Wanganui Head Centre. Among members of the New Plymouth Club alone there are Mr. P. A. Schwartz, a Diploma holder, two who have gained the Award of Merit, eleven are Hon. Instructors and Teachers, and there is a good list of competent examiners. It is therefore not surprising that sixty Awards were gained in New Plymouth last season and that this season the work has almost doubled itself, as one hundred and eight Awards have been obtained. In addition many demonstrations have been given in the surrounding districts, and as the West, East End and Waitara Clubs are now also supporting the movement there seems every prospect of excellent results arising from the formation of this Head Centre. It has already been presented with a shield for Competition among Reel life saving teams in Taranaki.

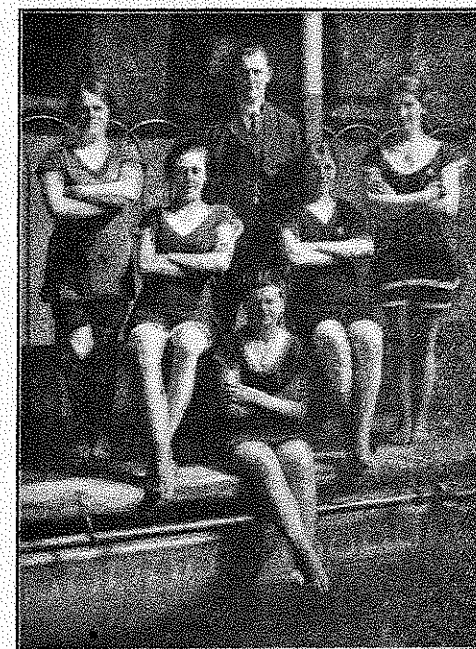
It is with regret that we have to announce that our old friend and fine swimmer and diver, Mr. Harold Goodworth, member of the Royal Life Saving Society, Highgate Life Buoys and Amateur Diving Association has been wounded in France. He had been so long with the forces at the front that we began to think he possessed a charmed life. We hope, however, that his wound is not serious and that he will soon be himself again.

No fewer than six of the staff of the Paisley Baths hold the Award of Merit of the Royal Life Saving Society, the latest to qualify being Miss Sarah McPherson Campbell, who is only fifteen years of age. This young lady passed for the Bronze Medallion in July last and two weeks later presented herself for the higher examination, at which she was warmly congratulated by Mr. James Orr, the Society's official examiner, who awarded her 93 points.

Much of this success is due to the encouragement given to life-saving by Mr. Charles Burgess, the superintendent of the Baths, and his wife, who acts as matron and swimming instructress. Mr. Burgess has always taken a deep interest in the subject and gives every possible assistance to classes

in training. Since his appointment to office in 1905 he has been instrumental in starting clubs in connection with Paisley Grammar School, Paisley Borough Police and J. & P. Coats, Ltd., and has had the pleasure of instructing the first Life-saving classes in connection with these clubs and pointing out to their officials and members the useful-

#### Paisley Baths Staff.



#### Award of Merit Holders.

Top Row—MRS. C. BURGESS (Matron), MR. CHARLES BURGESS (Superintendent), MISS ANNIE BURGESS. Second Row—MISS MARY WILSON, MISS JESSIE MUNRO. In Front—MISS SARAH MCPHERSON CAMPBELL.

ness and the benefits of being able to render assistance in drowning accidents. Both Mr. and Mrs. Burgess are members of the Glasgow and District Branch of the Royal Life Saving Society and have acted as examiners for some years past. They have also instructed the Boys' Brigade, Boy Scouts and the Girl Guides. From the annual report to the Baths Committee we learn that during the year ending May 12, 1916, no fewer than 65 pupils gained Awards of the Royal Life Saving Society, 4 taking the Award of Merit, 13 the Bronze Medallion and 41 the Proficiency Certificate. This is a record of which Mr. and Mrs. Burgess may well be proud, and we highly compliment them on the success which has attended their efforts.



## TASMANIAN HEAD CENTRE.

At the annual business meeting of the Tasmanian Head Centre, held at the Town Hall, Hobart, on Wednesday evening, May 17, under the presidency of His Excellency the Right Hon. Sir Wm. Grey Ellison Macartney, P.C., K.C.M.G., Governor of Tasmania, Mr. A. G. Stabb, the hon. secretary, reported that notwithstanding difficulties caused through a large number of first-class swimmers having gone on service, the season had been a very successful one, for 49 Awards had been granted, consisting of 23 Elementary Certificates, 16 Proficiency Certificates, 7 Bronze Medallions, 2 Awards of Merit and 1 Teacher's Certificate. Classes of instruction had been held in the Domain Baths by the Misses Barnard and Pocock, and Sandy Bay Baths by Mr. C. Rodway and Master Neil Gibson, who had conducted early morning classes (6 a.m.) and afternoon classes.

There had been several instances of rescue by members, among those who had so distinguished themselves being Miss Jessie Bowtell, Edward Watson, Award of Merit holder, and Gunner T. W. Simpson, also Award of Merit holder.

The success attained by the centre was entirely due to the hard work and untiring efforts of Misses O. Barnard and E. Pocock, who had instructed the majority of candidates. These two ladies had the honour of being the founders of life-saving in Tasmania, and their pupils held over one hundred Awards. Masters Neil Gibson and Arthur Hodgkinson had greatly assisted in promoting life-saving at the baths. Neil Gibson had passed his examination for a teacher's certificate. It was intended to erect at Long Beach a clubhouse for the use of life-saving classes, and in case of drowning accidents. The building would be fitted up with all the necessary appliances. The cost would be between £150 and £200. The balance after all accounts had been paid was £5 6s. 9d.

His Excellency, in moving the adoption of the report, said it gave him much pleasure to be present. He congratulated all concerned on the excellent work for the year. They had admirable teachers, which was the first essential, who had turned out a number of pupils who did them and the centre much credit. Tasmania held a most honourable position for the number of pupils who had gained certificates, as compared with the

other States of the Commonwealth. He personally felt exceedingly grateful for the existence of the centre, and its excellent teaching, as three of his children had received good tuition, and been able to gain the only forms of certificate open to them at their ages. It would be one of the pleasant memories they would carry with them from Tasmania, and equip them to meet their future lives, whether on land or sea, with a certain amount of equanimity. The fact that one was a good swimmer was no proof that he or she could save life, for many excellent swimmers who had not been taught the art, for it was an art, of rescuing those in danger of drowning had lost their own lives in attempts at saving lives, because of their ignorance of the proper way to go about rescue work. He hoped that the efforts of the Society would appeal with ever-increasing success to the public. He desired, however, to take the opportunity of expressing his ardent hope that in the near future Hobart would be supplied with baths commensurate with its other attractions. He did not think that there were any of the citizens who could conscientiously say that they were really proud of the present facilities in the form of public baths already provided.

The Mayor (Alderman Macleod), in seconding the motion, said he knew from his own observations that splendid work was being done by the Centre, and he would be very happy to help on the work in any way he could.

We regret that Mr. A. G. Stabb has had to resign the office of hon. secretary, owing to his departure from the Island for Queensland.

## ROYAL LIFE SAVING LODGE.

The usual quarterly meeting of the Royal Life Saving Lodge of Freemasons was held in September, when W. Bro. H. L. Balfour, P.M., P.D.G.O., was in the chair, supported by his officers, Bros. William Henry, S.W., J. Wilson Taylor, J.W.; J. William Stevens, P.M. Secretary; Guy M. Campbell, P.M.; A. C. Ames, J.D.; D. W. Allan, I.G.; and W. Bro. Digby Cropper, who acted as I.P.M., whilst among other brethren present was Bro. W. M. B. Mellish, who had the pleasure of being advanced in the craft. The next meeting of the Lodge is due to be held on November 17.

## UNION CLUB OF CAPE TOWN.

The Union Amateur Swimming Club of Cape Town, one of the most ardent supporters of the Western Province Head Centre of the Royal Life Saving Society, has over a hundred of its members serving with His Majesty's Forces, or else with war honours already theirs. "Puggy Traviss" who served in the Rebellion, German West Africa and Overseas, has unfortunately answered the "Last Call," and W. Bartmen, Navy; Clive S. Canning, Overseas Force; James Cubie, German South-West and German East Africa; J. Liski, German South-West; Jack Machure, Overseas; Lieut. Channery Reid, German South-West and Overseas, and Robert C. Slaten, German South-West Africa and Overseas; have been wounded, Canning seriously. Five of the club are serving in the Navy, fifty-six fought against the rebels and were in the German South-West Africa Campaign, fifty are now serving with the Overseas Forces and thirty-two are in German East Africa. Sergt.-Major P. O. Wathes, the hon. secretary of the Western Province Head Centre, and a member of the Club, served in the Rebellion and with the forces under General Botha in German South-West Africa. The Club has a record of which it may well be proud, for its "Roll of Honour" will be treasured for ever.

Members of the Manchester Branch of the Royal Life Saving Society will learn with pleasure of the election of Private William Bramall, as Hon. Associate of the Society for the work he has done for the cause of Life Saving at Stockport, Hyde and at Malta. He gained his Bronze Medallion in connection with a class conducted by Mr. J. Barnett and was examined for same in 1908 by Mr. W. H. Broom, Hon. Sec. of the Manchester Branch. During his stay in Malta, where he is at present stationed, he has conducted several examinations; the last one was successfully carried through under the instruction of Mr. Sidney G. Hedges, whose home is at Bicester. It is thus that the work of the R.L.S.S. spreads all the world over.

From our old friend, Mr. F. O. Venning, of Queensland, we learn that he has started a class at Coolool or Cooloom, which is aboriginal for "Call of the Sea." Some of the members have to travel eighteen miles for drill.

The value of the knowledge of swimming has once more been fully demonstrated in connection with the tragic Morecambe Bay disaster, when six men out of seven lost their lives by the overturning of a small sailing boat. The one whose life was spared was Mr. R. K. Wright, a gentleman well known in swimming circles as Hon. Treasurer of the Lancaster S.C. and organiser of the Morecambe Bay cross-Channel race, in which many of England's champions have taken part. When the boat overturned, Mr. Wright swam for shore, a distance of over one and a half miles, to obtain help for his comrades, which unfortunately he failed to achieve, yet he deserves every congratulation for his pluck, for at no time did he claim outstanding ability as a long distance swimmer, and while we are glad that his life has been spared we feel sad that he was too late to bring help to those of his friends in distress. However, his long swim goes to prove that there is hardly any limit to the distance one can swim when one happens to be in danger. The writer had a similar experience some years ago when, with a friend, the boat overturned while fishing and in order to prevent a disaster he swam and towed the submerged boat and the friend for quite a mile to safety.

A second contingent of members of the City of York Amateur Swimming Club, instructed by Mr. T. L. Aydon, have been passed by Mr. A. E. Porter for the Proficiency Certificate and Bronze Medallion of the Royal Life Saving Society, these being Messrs. T. Fletcher, R. Putney, H. M. Jackson, G. L. Robinson, Louis Robinson, P. Smith and R. W. Ward.

Splendid rescues were effected by Miss Olive M. Parnaby during the bathing season at Robin Hood's Bay, near Whitby. This young lady, who is only sixteen and a half years old, is the daughter of the station-master, and has been acting as booking clerk during the war. Her swimming abilities have proved of good service and three lady visitors owe their lives to her brave conduct and knowledge of the art of natation.

It is the intention of the Twickenham Sports Club to hold life saving classes this winter for the benefit of the boys and girls residing near the riverside. The first class has already been formed.



We learn that some candidates for the Diploma of The Royal Life Saving Society contend that the essay, written by them on the Theory and Practice of Swimming and Life Saving as part of their test, is their property. This is an error, as the Essay must be attached to the examination form, and forwarded to the Head Office for scrutiny, where it is retained and carefully preserved with other records. When the examination for this Award is held in connection with a Branch, the Branch Executive appoint the Examiners, who report to those who appointed them. This report is then duly considered by the Branch Executive, who finding all is in order, recommend to the Central Executive in London that the Award be granted, at the same time when forwarding this recommendation they also forward the exam. form and the Essay.

A gallant rescue was recently made at Exeter by P.C. Harris, who upon hearing screams ran a hundred yards, and although fully dressed immediately plunged into the water to help a boy who had fallen in.

At an examination of lady members of the Bolton Swimming Club held at the end of August, Mrs. E. H. Longworth, Misses G. Owen, H. Owen, V. Fearn, C. Scrogg, T. Winter, G. Bonney, L. Dean, E. Large, H. Drinkwater and M. Ditchfield gained the Proficiency Certificate, and Mrs. E. H. Longworth and the Misses G. Owen, H. Owen and V. Fearn were also awarded the Bronze Medallion of the Royal Life Saving Society. Miss Annie Howarth, who acted as instructor, was highly complimented upon her teaching.

We are glad to hear from our old friend and comrade in Life Saving work, Sergt.-Major C. A. Goodacre, who, before the war, was the Hon. Representative of the Royal Life Saving Society at Grimsby, where he did yeoman service for the cause among the schools of the district. He is now attached to the R.A.M.C., and of course has been doing his best to impart the knowledge of Life Saving to his men with satisfactory results, as the other day, two of his class promoted artificial respiration upon a boy who had been taken out of the water apparently dead and brought him round. The doctor who was in attendance wrote a very congratulatory letter to the Commanding Officer about the efficient way in which they did their work.

Driver James Hodgkinson, Royal Field Artillery, a Blackburn swimmer who enlisted soon after war broke out, has been presented with the certificate of the Royal Humane Society by the G.O.C. in the field. The Company had been taking their horses to drink, when one of the horses slipped into the water with its driver. Hodgkinson jumped in after him and after a long struggle effected the rescue of his comrade.

Sergt. S. R. Bence, London Regt., awarded the Military Medal, is an active member of the Grove, and Northern Lights Swimming Clubs and holds the Royal Humane Society's Certificate for saving life. Before the war he was a teacher at the Hornsey Road L.C.C. Schools.

At the Leeds Training College Swimming Baths, Miss Jennie Boocock, aged 13, and Miss Inez Kirby, aged 8, both of Harrogate, were examined by Prof. F. Boyd, of Leeds, for the Elementary and Proficiency Certificates of the Royal Life Saving Society, and both passed the tests. Miss Inez Kirby is now the youngest child in Harrogate to obtain these certificates. Both these girls are members of the Harrogate Ladies' Amateur Swimming Club, of which Mrs. Kirby is the instructress.

At the Primitive Methodist Church, Swallow, Mr. James Iley, a miner employed at Swallow Colliery, was presented on August 26 last with the Royal Humane Society's certificate and was also the recipient of a silver watch from the colliery officials and workmen. Mr. Iley's life-saving exploits date from September, 1895, when he rescued a boy named John Barrett, aged six years, from drowning in the Tyne near Carr's brickworks. A month later he saved a boy called Nicholson, aged five years, who was in danger of being drowned near Scotswood Bridge. On April 20, 1897, Iley was bathing in the Tyne near Carr's brickworks when John Hedley, nine years of age, got into difficulties. Iley had to swim a considerable distance before he reached the boy, whom he eventually rescued. On July 9, 1910, he saved his own child from drowning at Swallow. On July 29, 1915, he rescued two children, Best and Noble, and it was for this last rescue the award was granted to one who was termed by the chairman at the presentation "a humble and sensitive hero."

## THE LADIES' SECTION.

### SPLENDID WORK BY SOUTHERN CLUBS.

#### GOOD EXAMPLE SET BY PLYMOUTH MERMAIDS.

**A**N eloquent appeal has been made by the Ladies Committee of the Southern Counties Association of England for support from Ladies' Clubs towards raising a fund for the construction of one of the lifts at the new Star and Garter Home at Richmond, Surrey, for Disabled Sailors and Soldiers. The Committee has worked exceedingly hard this season and by means of club galas and flag days has been able to raise well over £600 towards £800, the estimated cost of providing the lift. It is to be really a lady swimmers' gift, and on the tablet in it will be placed the names of those clubs who, by their organisation and kindly work, have been able to make this generous gift to our disabled heroes. If the ladies' clubs cannot hold galas by reason of closing of baths, they can organise some other form of entertainment and thereby assist in this good work. Of course many of the clubs have held galas for local branches of war benevolent funds, but there is still scope for more vigorous assistance to the special lady swimmers' fund. Mrs. Edith Lyon, 31, Tower Road, Dartford, who is the lady responsible for the secretarial duties, will supply all information, and will also obtain the assistance of prominent lady swimmers for special events held at any gala on behalf of the fund.

As an instance of what can be done if the work be taken up energetically, we may point out that the combined clubs of Plymouth raised about £100 by a gala held in the sea under the Hoe on August 30, in aid of the Blinded Sailors and Soldiers Fund. The lady members entered heartily into the spirit of the gala, and contributed largely to its success. They were especially noticeable in the fancy dress display. A large number took part, and all manner of fancy costumes were requisitioned. One lady represented Britannia, and had with her a handsome young bulldog. Another was made up as a cat, and another as a post-office pillar-box. A ladies' sunshade race also provided much amusement. Each lady had to carry a sunshade high above her head while swimming. Perhaps the most interesting event of the

day was the babies' race. Little mites of four or five years of age took part. Some had their mothers in the water with them to see that they came to no harm. The high diving display by ladies in emerald green costumes was a graceful as well as daring performance, while another feature was the parade of bathers, in pyjamas and tall sugar-loaf hats, from the dressing-rooms above Shacky Pool, along the road under the Hoe, to the Pier, and thence into the water, finishing up by swimming to the committee-boat. A life-saving display proved very instructive. The proceedings concluded with polo matches for ladies and for gentlemen.

The monthly races of the Windsor Ladies' Swimming Club for the "Lady Dyson" and "Mrs. Harris" Challenge Cups took place at the Corporation Baths, Windsor, on August 22, and also the monthly senior and junior diving competition. There were six entries for the fifty yards junior, and a splendid race resulted, Miss F. Darville and Miss E. Roe making a dead heat, Miss E. Cave being third. On swimming off the dead heat, Miss F. Darville beat Miss E. Roe by one yard. Time, 0.55.3. There were ten entries for the hundred yards senior, decided in two heats and a final. The result of the first heat was: Miss N. Luff, 1; Miss N. Fryer, 2; Miss E. Wareham, 3. The second heat resulted in a dead heat for first place between Miss K. Harris and Miss L. Missen, with Miss N. Roe third. The final, after a splendid race, was won by Miss N. Fryer, with Miss L. Missen second, and Miss N. Luff third. Time, 2.25.2. The junior diving was won by Miss R. Fryer, Miss B. Harris being second, and Miss F. Darville third. In the senior diving, Miss M. Parsons was first, Miss E. Harris second, and Miss K. Harris third.

The great improvement in long distance work shown by English lady swimmers is most marked, and it is a source of satisfaction to learn that Miss Gladys F. M. Wright, of Chatham, who holds the Diploma of the



Royal Life Saving Society, has been able to establish a record in the Medway Swimming Club's long distance competition from Aylesford to Rochester Bridge, a distance of nine miles, by defeating all the men engaged in it, and winning the race easily in 3.6.0. Only two others completed the distance, these being Q.M.S. Hamper, Army Pay Corps, who was second, and Sergt. Hummell, Army Pay Corps. Miss Gladys Wright gained her Bronze Medallion in 1912, when a member of the Rochester Ladies' Club, and her Award of Merit as a member of the Medway Club in 1913. She passed for her Diploma at the Gravesend Baths in 1914, this being her second attempt. Failure in the first was due to inability to plunge far enough and somewhat faulty diving, but Miss Wright improved wonderfully, and passed with flying colours, thus giving a valuable object lesson in application and consistent practice. She uses a double kick with her over-arm stroke, and is a graceful all round swimmer, diver and life saver.

Miss Frances Cowells, of San Francisco, the Pacific Coast champion, whose idea of boxing practice as a method for training we mentioned last month, is out with another story. She says, "Dancing doesn't go with swimming. I tried it. It wouldn't work. Mr. Peterson, my coach, made me cut it out. You see, in dancing, especially aesthetic dancing, you have to bend the knees. Nothing doing with bended knees in swimming the crawl. I think most girls fail to keep their knees straight. That's bad. It gives less speed. With knees stiff and feet perfectly relaxed, one gets a propeller motion in thrashing the legs, feet close together, from the hips. I am fortunate in having loose ankles and therefore a great deal of relaxation in the ankles. When I was in Honolulu my friends there said I 'had hands and feet like the Duke's' (Kahanamoku). I don't know about that but I do know that perfect relaxation of ankles gives a propeller effect. A relaxed foot turns in a bit and seems to give a circular motion, just seems to work around and around. I have a fourteen-inch thrash. This is considered about right. The great thing about thrashing is to keep the head up and the feet down. You never see a motorboat with its nose down in the water. It wouldn't go fast at all. It's the same with a swimmer. I learned to kick or chug by hanging on the rail, face down, and lying

flat on the water. I just chugged, that's all. It's easy to do, but it's hard to keep doing for a long time. Then after a while I practised (I even do it now when training) kicking while floating face down with my hands crossed behind the back. Say, it's hard to breathe that way, with your shoulders thrown back and just kicking, but it brings results. I find it the best practice for developing the crawl kick."

"I swam my first race two years ago. Eight months previously I had learned to swim. I became ambitious to be a swimmer after I had seen Marguerite Brack in the water. I thought her wonderful, and she is indeed an exceptionally fine swimmer. I couldn't swim a stroke, but when I saw how wonderful Marguerite looked in the water I remember I said to myself: 'Gee, I'd like to swim like that girl.' So I went into the water every day. By hanging on to the rope and the rail I soon learned to kick, and it wasn't long before I could swim the single overhand. But I wasn't satisfied. I wanted to get both arms out of the water. One day I saw a fellow from the Olympic club ploughing through the water, doing the American crawl. He looked like a motorboat. He just sped through the water."

"That was enough for me. I'd never have been satisfied till I learned the crawl. I swim it altogether now. If I swam a mile I'd crawl all the way. Of course, if the water is rough then the single or the trudgen is better. The crawl is the most perfect stroke. It has such an easy movement. When you put your arms over, you could almost sleep in the water, it's so easy. Some say they don't train for swimming races. You simply have to, though, if you want to get results. In starting to train I stay away from the water for a week. Sounds funny to 'train' by staying out, doesn't it? Then I go in to see how my time is. I hang my training rules on the result of that time. If I make poor time and feel heavy and loggy in the water (you know, water soaked, like) I know I've no condition. I stay out of the water for another week and get plenty of sleep. Then every third day about, I go in the water for fifteen minutes or so."

"I don't do too much. I think it saps strength. I practise diving and turning. Turning is so hard for me. I'd give any-

thing in the world to turn well. I guess I'm nervous in races, but any way I seem to go to sleep on the turns. I practise, though, and in time I'll get on to it, I'm sure. I eat no sour food while training, and I don't eat too many sweet things. I eat my meals regularly, and, of course, get proper sleep, though not too much. I can't go in the water for too long while in training for competition, for it takes too much strength. I think most girls overtrain. I never 'fool' around in the water. Training is more than just playing around. Then, too, to play around in the water is overheating, and you have to go out into the cold. I've seen the time I'd stay in for five hours. Used to feel like a rag doll on coming out, though. I stay out of the water from three to five days before races, depending on the events I intend to enter. My weakness is lack of strong arms. I sometimes box with six ounce gloves. That's great (best thing in the world) for the wind and shoulders and arms. Bag punching and swimming the breast stroke with no kick is also great to develop the arms. It's awfully hard to do, say fifty yards that way, but I find it beneficial, so I swim two laps that way every time I swim while in training."

Miss Gladys Jones, a twelve year old member of the Holloway United Swimming Club, swam in a heavy storm from Kew Railway Bridge to some little distance below Chiswick Church on August 25 in forty-six minutes, the distance being about two and a half miles.

It is reported from America that Miss Ida Elionsky, of Connecticut, aged eighteen, made a freak swim in the Hudson on August 13. She swam over two miles with her brother, said to weigh eighteen stone, tied with ropes to her back.

"This collection of jewellery—nine silver cups, thirteen gold medals, a gold wrist watch and a silver pencil case—does not," says Mr. R. C. Bailey, in an American exchange, "represent the successful enterprize of a skilful burglar, but the prizes won in her first twelve months' racing by Miss Claire Galligan, a nineteen-year-old girl, Irish from her brown hair and gray eyes to the tips of her slim feet, and who is the most amazing bit of amphibian humanity the United States has so far produced, not even excepting 'Duke' Kahanamoku." Until August 9

last year no one in the world of sport had heard of her. A few members of the New York Athletic Club were probably aware that there was a slip of a girl up at New Rochelle who drove a motor launch with alarming alacrity and seemed to be able to move a bit fast when swimming. But on the date referred to Miss Galligan tried racing. She won three events, defeating Miss Greta Greenfield, a well-known swimmer. Since then Miss Galligan has won the Woman's National Championship for 220 and 500 yards, a "Marathon" event of two and a half miles, and other important contests too numerous to mention.

It seems that a famous girl swimmer is as much sought after by men as movie picture idols are by the matinee girl. Miss Galligan receives offers of marriage from all parts of the country. Farmers are evidently particularly susceptible to the charms of famous mermaids. Most of the letters come from agricultural addresses.

It was unfortunate that Miss Mabel Thompson, of Richmond, the holder of the Phoenix Cup for ladies, which is competed for annually at the Twickenham Aquatic Sports, was unable to defend her title on August 30, owing to being engaged on Government work. In her absence there was no opposition to Miss N. Clements, who had a swim over two hundred yards, and also won several prizes in other races, in which one notable winner was Miss D. Hemmings. There was also a boys' cup race, in which the holder, D. Robinson, was defeated by W. Hammerton, a well-known river name. Miss Ruby Feather gave an exhibition of swimming, and Sergt. Lindsay, King's Own Scottish Borderers, won a wounded soldiers' race. Wretched weather spoiled what otherwise would have been a pleasant open-air carnival.

One of the club team handicap races arranged by the Southern Counties Ladies' Committee was decided at the Printers' Gala at Lambeth Baths on September 9, the final being won by the Mermaid Club, whose representatives, Misses E. Armstrong, V. Newman, V. Davies and E. Harrison, swam from scratch. Natantes Club was second and City of London, third. There was also a ladies' forty-four yards handicap, the final of which resulted in the victory of Miss B. Cotton, of the promoting body.



Miss D. Stiles, who won the 220 yards ladies' championship of Coventry on September 4 in 3.52, is a member of the Coventry Swimming and Life Saving Society, who came rapidly to the front as soon as she started swimming. One expected her to compete in the hundred yards ladies' championship of the Midlands at Wolverhampton three days later, but she was not an entrant against the holder, Miss Connie Jeans, of Nottingham, who had no difficulty in beating Miss R. H. Laurence, of Coventry, and Mrs. D. M. North, of Leicester, who were second and third respectively, in 1.16.3. In her heat Miss Jeans swam the distance in 1.14.3.

At a gala organised by the Chester Ladies at the end of August as an entertainment to wounded and convalescent soldiers then in the local hospitals, an excellent display of life saving was given by the Misses Doris Sands, Elsie Johnson and Dorothy Dutton, who are Bronze Medallists of the Royal Life Saving Society. There was a club handicap over fifty yards, won by Miss Dolly Dutton after a dead heat with Miss Hilda Seymour, an amusing learner's dive by Miss Elsie Mansley, a race for wounded soldiers and a merry fancy costume parade, the characters including "a seaside flapper" and "Charlie Chaplin," the latter, presented by Miss Elsie Mansley, being adjudged the winner. The Chester Ladies are to be congratulated on their enterprise.

Miss Alice Goodman has succeeded in swimming across the Golden Gate at San Francisco in 51.43.4, in an attempt to beat the ladies' record of 42.11.1 by Miss Nell Schmidt. Golden Gate is a strait which unites San Francisco Bay with the Pacific Ocean and a lot has been written from time to time about the difficulty of swimming this strait, which is about a mile wide. Miss Goodman seems to have made a miscalculation about the tide, for after swimming twenty-six minutes she was only about three hundred yards from shore. But then the ebb tide swung her out of her course and extended the swim to about a mile and three-quarters. Miss Goodman, who is seventeen years of age, goes in for all kinds of athletics, including swimming, boxing and bag punching. American lady swimmers are apparently keen on long distance work. The men's record for the swim is 20.44, by Walter Pomeroy.

The hundred yards ladies' championship of Liverpool and District has been won by Miss Daisy Curwen, Westminster Ladies, in 1.12.3, Miss N. Heaton, Liverpool Ladies, being second in 1.25, and Miss E. Ormrod, Garston, third. In the breast stroke championship, victory went to Miss G. Finigan, Everton Ladies, 1.32, Miss A. Bennett, Garston Ladies, 1.41.4, being second, and Miss G. Holmes, Garston Ladies, and Miss E. Woodworth, Everton Ladies, dead-heat for third place in 1.42. It was a rare race for the second position. There was also an inter-city race against Manchester in which the Misses Dand, Heaton, Timmis and Curwen won for Liverpool with a clear margin of nineteen seconds. The same night Miss Curwen won the hundred yards championship of the Westminster Ladies, Miss Dand being second.

In the National A.A.U. of America's competitions for women at South Shore Country Club on August 12, Miss Claire Galligan swam a quarter of a mile in 7.43.1.

One of our most valued correspondents is Professor T. Wilkinson, of the Bimini Baths, Los Angeles, California, who has a great record as a swimming instructor. Mr. Wilkinson has had a teaching experience extending over forty-three years and has instructed many pupils who have afterwards made their names famous in the swimming pools. Recently, Miss St. John Hadley, a fifteen-year-old girl, who had received ten lessons in a class of over fifty pupils, won high honours and swam three miles in the Bimini tank, using the side stroke. Then there is Miss Elsie Megie, only sixteen years old, who seven months ago could not swim, yet after having had instruction from Mr. Wilkinson for less than five months, she was able to swim five miles, which is 286 lengths of the Bimini Pool.

**Subscribers to the SWIMMING MAGAZINE, who have done so much to keep this journal going, are respectfully reminded that the third volume commenced in June last. They will greatly assist the future of this journal, which is the only one of its kind in the world, by kindly posting their renewal subscriptions to the Hon. Editor without delay.**  
(See notice facing page 100.)

## NOTES ON NEWS.

### Interesting Items from Home and Abroad.

REFERENCE is made in the Ladies' Section to the swim of Miss Alice Goodman across the Golden Gate at San Francisco. Advices from San Francisco, under date August 24, are to the effect that on that day Miss Goodman swam across in 32.21.2, thus shattering the women's record of 42.11.1 made by Miss Nellie Schmidt some five years ago. Miss Goodman's record therefore stands as that for an amateur, but on the same day Miss "Babe" Wright, who had been disqualified for receiving money for stage tank performances, went across the Strait in 31.35.4. The report says she started as an amateur and finished as a professional. She told the officials that she was a lily-white amateur but had left her P.A.A. Card at home. During the swim they found out about her stunts in the tank and declined to put her performance on the record books.

Just as we were going to press we learn the following:—Perry McGillivray, of the Illinois Athletic Club, who won the hundred yards amateur championship of England in 1912 in 0.57.3, proved successful in the third annual "Marathon" swim of the Chicago Athletic Association, over a two and a half mile course in Lake Michigan, his time being 1.3.0. W. L. Wallen, of the Hamilton Club, Chicago, won the six miles Marathon swim at Cincinnati, Tom Horrocks, of Pittsburgh, who won the race last year, being second, and M. Maisack, of Pittsburgh, who finished twelfth, swam the whole distance on his back. Miss Claire Galligan, of New Rochelle, New York, was first in the national four miles women's Marathon at St. Louis.

Although neither man covered the full course of approximately 50 miles, with tidal current allowances, Henry F. Sullivan, of Lowell, was declared the winner over Charles Toth, of Boston, in a swimming race between Race Point, in Provincetown, and Nantasket Beach, Mass. Toth was taken from the water by his trainers when a shark circled about him, after he had covered 17½ miles in a little more than 14 hours. Sullivan covered 25 miles. His followers claimed he was in the water 20 hours and

27 minutes and used the breast stroke only. Officials said Sullivan had established a new American endurance record by breaking the mark of 15 hours and 47 minutes, set up by Toth last year in a swim from Charlestown bridge to Boston light and return.

Ludy Langer is reported to have won the mile championship of America at Ocean Park, California, in 23.11, which would of course be world's record if carried out under the conditions of the Fédération Internationale de Natation Amateur. We await particulars as to the length of course and also official confirmation.

Bedford Ladies' Swimming Club will hold a big gala at the Lambeth Baths on October 2 in aid of one of the war charities. The programme is of excellent character and a large attendance is anticipated.

Cpl. W. D. Burnside, Royal Warwickshire Regt., who is reported missing since July 22, was formerly hon. secretary of the Birmingham Water Polo League.

Lt.-Col. W. Allason, D.S.O., Bedfordshire Regt., wounded, is the old Cambridge University and Otter Swimming Club water polo player and winner of the Amateur plunging championships of England in 1896, 1897, 1902, 1908 and 1909. His longest plunge in the championship was 78ft. 7in. in 1908.

Sergt. H. W. Stevenson, killed in action, was a member of the Avondale Swimming Club and was selected to represent Surrey County at water polo in 1914.

At a gala given by the Romford Ladies at Romford on September 14, in aid of the "Star and Garter" Fund, Miss E. Harrison, Mermaids Club, won the hundred yards handicap for ladies, Miss J. Christie, Natantes, being second and Miss B. Newman, Mermaid, third. The Club handicap was won by Miss Lewis, the Lady Green Challenge Cup by Miss B. Brock, and the Anzacs beat Artists' Rifles in a team race.



Capt. W. V. Edwards, Royal Irish Fusiliers, who has been wounded, is an Irish International water polo player and has also represented Ireland against England and France at Rugby football.

At a Children's Court at Preston two boys, one aged 15 and the other 14, were fined 3s. 6d. each for bathing in the canal. It seems that the boys prefer the canal to the baths, which can hardly be said to be up to date and sadly need rebuilding.

Sec.-Lieut. Walter Benner, holder of the Award of Merit of the R.L.S.S., which he gained at Nottingham in 1911, is the second son of Mr. Walter Benner, superintendent of the St. Anne's Open-Air Baths, late of Nottingham, and was recently wounded, a bullet having passed through his neck. He is in the Sherwood Foresters, and has an elder brother in the same regiment.

Only two boys entered for the hundred yards junior championship of the Southern Counties, decided at the gala of the Fulham Ladies at Walham Green Baths on September 23. The race resulted in a win for P. J. Mann, Deptford Invicta, by eight yards from W. H. Randall, St. Andrew's, Westminster, in 1.38.1. The record is 1.34. One of the ladies' team races was included in the programme, and this went to Holloway United, represented by Misses M. Hartford, G. Jones, R. Riley and Vera Johnson, the Southern Ladies Champion, who beat Victoria Ladies, Mermaid and Natantes in the final. Clapton Ladies, who also competed, were beaten in their heat. This was the first win of Holloway United Ladies in this competition, which is to be decided on points. In the club events Miss K. Fudge and Miss Ffrench Williams showed excellent form, Miss I. Cracknell won a close contest in the Senior Diving Championship, and Miss M. Abcar won the Junior Diving Championship. Royal Naval Depot beat the Welsh Field Ambulance and the London Scottish in a team race.

At the Hounslow Ladies' Meeting on September 20, at Hounslow Baths, Miss Nora Pennington won the Myers Diving Plate, and also the hundred yards handicap for the Ellis Cup, receiving a start of two seconds. Miss Grudgings won the Goddard Bowl handicap of 50 yards; Miss Baker the 100 yards junior championship, and Miss Brown the junior diving.

At the Mereway, Twickenham, on September 20, Trafalgar School, who have so frequently figured in the Southern Counties Schoolboys' Championship, won the District Schools Challenge Shield, the team consisting of D. Speller, W. Miller, J. Watling and E. Geleff. W. Miller won the Boys' Championship, and Miss Fuller, also of Trafalgar, the Girls' Championship. The team had been admirably trained by Mr. S. Mears, the headmaster.

In the final of the 100 yards ladies' breast stroke championship of the Southern Counties, decided at Beckenham Baths on September 21, Miss D. Frelove, Holloway United, collapsed when racing hard, and Miss D. World, Natantes Swimming Club, went to her assistance, thereby jeopardising any chance she might have had against Miss L. Harvey, Clapton Ladies' Club, who won easily in 1.45. Miss World was placed second owing to the disqualification of Miss D. Webber, Natantes Club, for using a wrong stroke.

Congratulations to Mr. H. Jowett, superintendent of the Ealing Baths, on the success of the carnival organized by him on behalf of Ealing Disabled Soldiers, at which £25 was realised. The race for Boy Scouts of Ealing and District was won by the 2nd Hanwell Troop, the Boys' Schools Competition by the Wesleyan, and the Girls' School Competition also by the Wesleyan. An excellent exhibition of the methods of life saving as taught by the Royal Life Saving Society was given by Miss Elliott's team of girls: Misses P. Grant, J. Lacey, E. Reynolds, and R. Lawrence. Miss Elliott is the teacher of swimming of girls attending the Ealing elementary schools, and they are exceedingly fortunate in having such a clever exponent of the art, as evidenced by the high standard of efficiency attained by these girls. Little Vera Jowett, the five-year-old daughter of the Superintendent, gave a delightful exhibition, reflecting great credit upon Miss M. Turner, her instructress, who also gave a very highly finished exhibition. A military squadron race was won by the London Scottish, who also beat the Royal Naval Air Service in a water polo match by eight goals to one. The Scottish had as captain of their team Private Glover, who was one of the British representatives at the Olympic Games at Stockholm in 1912, while the R.N.A.S. had Dommen, an old Brighton player, on their side.

Mr. Harold Stephen Walker, of Brentford, who has been gazetted Second-Lieut. in the Royal Artillery, was educated at Eastbourne and Berkhamstead, has distinguished himself in swimming, and holds three Awards of the Royal Life Saving Society. He takes great interest in wireless telegraphy, and as far back as 1911 equipped his home at Brentford with a complete wireless installation, he having been granted a licence by the Postmaster-General.

At a gala given in the South Beach Bathing Pool at Scarborough, on the first Saturday in September, J. S. Ellis won the hundred yards' championship of the town in 1.17. This was the last aquatic gala of the summer season at the famous Yorkshire seaside resort.

Report has come to hand that Jack Hatfield, the present mile and long distance amateur champion of England, has been successful in saving the lives of two fellow soldiers from drowning. Had Hatfield been in this country last month, a race with W. Longworth, the Australian champion, might have been arranged. Longworth, who is serving with the Australian Army Service Corps, in company with Kinnington, the Australian sculler, called upon us at the beginning of last month. Both are very fit and well and send hearty greeting to all Australian sportsmen known to them.

We have received a letter from Corporal R. H. Aldworth, who is with the Union Force in British East Africa, in which he reports "All's well." Corporal Aldworth is chairman of the Executive of the Transvaal Branch of the R.L.S.S., and is an old Bournemouth swimmer.

At the Barnes and Mortlake Elementary Schools Sports Association meeting at Richmond Baths on September 20, the boys' team race for the Leicester Penrhyn Shield was won by Mortlake Council School, the holders, and the girls' team race for the Leicester Penrhyn Shield by the Church of England School, whose team swam over; the London Schools Swimming Association Branch Championship by H. Meakin, Mortlake School; a similar contest for girls by Miss F. Warren, Church of England; a girls' back stroke race for the Sherring Challenge Cup by the same girl and the boys' back stroke race for the Sherring Challenge Cup by G. Hay, Mortlake Council Schools.

The Belfast Corporation having raised the price of admission to the city baths by fifty per cent., a deputation representing the Irish Amateur Swimming Association and the Ulster Branch of the Royal Life Saving Society recently attended a meeting of the Council and requested revision of the prices. The deputation consisted of Messrs. E. J. Baggaley, Victoria Swimming Club; D. Freeland, Wellington; R. Gamble, Donegall; and E. W. Roberts, hon. secretary of Ulster Branch, Royal Life Saving Society. Mr. Baggaley pointed out that when the rate for clubs was advanced twenty-five per cent. some years ago, the clubs took over the printing of the tickets and thereby saved the Corporation a considerable sum. He further pointed out that the members were users of the baths all the year round and provided voluntary teaching in swimming and life-saving. If there were no distinction maintained between club members and the ordinary public, official swimming would cease, clubs would be broken up and life-saving instruction hampered. Councillor Twaddell, in mentioning that the number of swimmers who used the baths last year was 208,347, of whom 30,000 were club members, made the extraordinary statement that it would not be to the disadvantage of the swimming population if clubs did not exist. Despite strong appeals by Alderman Tyrrell, Alderman Doran, Councillor Alexander, Alderman McGowan and Alderman Shaw, the followers of Twaddell had their own way and the bath charges are to be increased, an amendment to refer the matter back being lost by 19 votes to 11.

At a gala held by the Wolverhampton Club on September 7, M. L. Berlyn, Birmingham Leander, won the hundred yards' junior championship of the Midlands in 1.11.4, A. Hartwell, Leicester, being second and H. A. Cutts, West Handsworth, Birmingham, third.

The clubs of Derby have combined to hold a gala on October 14 at the Reginald Street Baths, in aid of the funds of the Red Cross Society. Among the events will be the 100 yards' championship of Derby and District and the final of the Midland District School-boy Team Swimming Championship.

Mr. Freddie Ablett, the instructor of life-saving to the Birkenhead Swimming Club, is now serving as a petty officer in the Royal Navy.



Swimmers in England who know Mr. E. J. Meijer, of Amsterdam, for his ability as a competitor in long distance events and as a good fellow, will be interested to learn that we had a call from him the other day. He was on his way to Italy bent on a special mission of particular pleasure and interest to himself and others. He undertook the long and trying journey to meet the lady of his heart and there take her unto himself as his wife. As he is a member of the Amateur Swimming Club, London, we feel sure that his comrades in the Club will wish him every happiness in his new rôle. In these wishes we, of the SWIMMING MAGAZINE, heartily join, and may state that by a slip of the pen some months since we had through a notice in this magazine already married the pair! We mistook the engagement card for the usual marriage card that we usually receive with the cake in this country. We understand that Mr. Meijer will make a prolonged stay of about six months in Italy.

The old scholars of the Warehousemen, Clerks and Drapers' Schools at Russell Hill, Purley, paid their annual visit to the school on the first Saturday in September, when several of the present scholars gave displays, engaged in races and also a life-saving competition. The two best boys in the last mentioned contest were adjudged to be Harvey and Heath. The latter also won the diving championship and Harvey the senior swimming championship.

At the gala of the Printing and Allied Trades Sports Association at Lambeth Baths on September 9, the final of the London Schools Team Championship was decided and won by Gopsall Street, Hoxton, St. Stephen's School, Shepherd's Bush, being second, and Canal Road, Hoxton, third. The distance was 264 yards and the time registered was 3.34 by the following boys: B. Howard, W. Crump, A. Lacey, C. Barnacle, E. Brown and A. Jones. There were several ladies' events at this gala.

An Empire Service championship over a distance of a furlong is to be decided at the Westminster Road Baths, Liverpool, on October 2nd. Pte. William Longworth, of the Australian Army Service Corps, who is Australian champion and is now in this country, has accepted. Unfortunately, Lieut. F. E. Beaurepaire will not be able to compete.

We are pleased to place on record the splendid work done by Mr. M. L. Hodges, general manager of the Corporation Baths at Jarrow-on-Tyne. Since his appointment he has created a big interest in the art of Swimming and Life Saving, and besides encouraging others to form classes of instruction has himself taught many candidates for the Bronze Medallion of the Royal Life Saving Society. At a recent examination, eight members successfully passed the tests for the Proficiency Certificates of the R.L.S.S., eight for the Bronze Medallion, and nine for the Award of Merit; the examiner was Mr. George Finnion, of Newcastle-on-Tyne. At the last meeting of the Central Executive Mr. Hodges was unanimously elected Hon. Associate of the Society as a slight recognition for his constant effort to promote the knowledge of life-saving among all who come into touch with him, and we feel sure that every member and Hon. Associate will gladly welcome him as a comrade, particularly as the last batch of candidates for the awards of the Society included a number of midshipmen.

It is with great regret we have to record the death of Thomas McGreath, aged 27, a typical English athlete, who died of wounds received in action in France. Although he never reached championship form, he was only a little below it in swimming, running, jumping and cycling, in all of which he won numerous trophies. With regard to our own particular sport, he won his first race at 11 years of age at Liverpool, where he learned to swim. Removing to London with his parents in 1902, he won the Mantle Road School Championship, and was placed first in the Bigsby Cup, representing a Deptford Championship for boys under 12. In 1903 he won the Meath Cup and Championship of the London Schools S.A. for boys under 16, and on entering the Patent Office he easily won the championship of the club connected with that Government office, which success he repeated on five occasions.

The men's furlong championship of Coventry has been won by M. Peacock in 3.11.1, second to him being F. G. Payne. Miss D. Stiles won the ladies' furlong championship at the same meeting, which was held under the auspices of the Tomson Trust, a fund bequeathed by the late Alderman A. G. Tomson to encourage physical development in the city.

Under the heading of "A Tempting Tour," we have described the negotiations which have been in progress for a visit of Australian lady swimmers to America, and we now learn that it is practically agreed to; further that the girls will leave Australia about January 17 and will probably participate in a meet at Honolulu. The first national championship will be at San Francisco on February 22. The Amateur Athletic Union intends to distribute the women's national championships among the following cities: Portland, San Francisco, Los Angeles, New York, Chicago and Philadelphia. They will be arranged so that the Australian girls can swim in every event if they wish. The athletic clubs of Detroit, Chicago, Illinois, Minnesota and Cincinnati have already displayed interest in the visit of the girls.

Although the annual gala of the Ladies' section of the Burton Club has been abandoned this year, the members have brought off several races, and on September 5 had a pleasant meeting at the Burton Baths, where they presented Councillor and Mrs. Birch, who have done much for the well-being of the section, with presents commemorating their stay in the town, which they are about to leave, and their valuable services to the club.

A pleasing feature of a military gala given at Oswestry at the end of August was the display of scientific swimming and diving by the Misses Lee, Jackson, Pryce Jones, Williams and Lily Williams, all of Oswestry. An exhibition by Major MacFall, R.A.M.C., was exceptionally good.

Pte. Arthur Wilson, Leicester Regt., reported missing, is a member of the Hinckley Swimming Club.

At a meeting at Southport, Miss Mary Leigh, Northern Junior champion of last year, won the hundred yards local championship in 1.23.3, Miss Lilian Pemberton and Miss Louie Pemberton dead heating for second place. There was some capital plunging in the plunging competition, three of the girls beating 50 feet and Miss Lilian Pemberton covering 59 feet 9½ inches, only two and a half inches short of the English ladies' record of 60 feet by Miss Harrison three years ago. We have frequently advocated the starting of a ladies' plunging championship.

In a paper on "the Safeguarding and Care of the Indoor Swimming Pool," which he presented to the second annual meeting of the American Association for promoting Hygiene and Public Baths, Mr. Arthur M. Crane suggested that a thorough scrubbing with soap should be insisted upon before a bather was allowed to use a pool and that the approach for bathers to the bath should only be through such cleansing room. To safeguard our baths from the hygienic dangers which confront us the adoption of the following basic principles was suggested.

1. Maintain the water in the bath pure and clear; employing re-filtration and chemical disinfection.
2. Have the bath well lighted, natural light by day, sunlight when possible.
3. Keep an attendant always on duty when the bath is in use; prohibit admission at other times; allow no one to enter the bath alone.
4. Maintain a strict supervision of the bathers. Medical examination if practicable; preventing persons with communicable diseases from entering the water.
5. Enforce the scrubbing of each bather before entering the pool.
6. Prevent all clothing from going into bath or provide sterilized clothing.
7. Surround the bath with a scum gutter and prevent expectoration in or about the bath.
8. Prevent visitors carrying dirt and disease germs on their footwear into the bath room.
9. Do not have any obstruction in the bath, or along the edge of the pool, nor adjacent to the pool.

To these suggestions we might add the vital one that all towels, drawers and costumes be properly sterilized. By doing that and seeing to the cleanliness of your water you are quarrying out the bed rock of danger.

Second-Lieut. Walter Rowland Heath, killed in action, was educated at Durham University, where he gained distinction as a swimmer. He was president of the University Boat Club.

Everton Ladies have again won the Ladies' Squadron Championship of the Northern Counties; Misses A. Browner, M. Harrison, G. Finegan, M. Rigby, J. Speirs and A. Speirs beating Manchester Victoria Ladies and Garston Ladies very easily, the gross time for 600 yards being 9 min. 4 sec.



Swimmers at Ocean Park, California, had an exciting experience in July last when a military aeroplane fell into the bay half a mile from shore. Vance Veith, the instructor of the Los Angeles Club, Ludy Langer and Cliff Bowes, both American champions, were swimming at the time, and immediately went to the help of the wrecked aviator, whom they brought to shore. His machine was towed ashore by about another eighty swimmers.

We are pleased to record the gallantry of James Wignall, a boy of Preston, twelve years of age, who while walking along the side of the Ribble saw two boys in the water and realising they were in difficulties at once jumped into the river. He caught hold of one boy and the other seized his leg, dragging him into a deep hole. Wignall managed to get out, and as he was swimming the grip on his leg relaxed, and he was able to bring one boy to the bank. Taking his course from rising bubbles he saw the other boy on the river bottom and dived for him. He was successful at the second attempt, and brought the boy to the bank, but, unfortunately, efforts at resuscitation, failed. The boy who was rescued thanked Wignall and walked away, as did also a boy he had rescued three months earlier.

Another sad bereavement has fallen upon Mr. S. T. Dadd, the well known artist, who among other well known work illustrated the Badminton Volume on "Swimming" and designed the certificates of the Royal Life Saving Society. Last year he had to mourn the loss of his third son, Leading Seaman S. G. Dadd, Anson Batt., R.N.D., killed at the Dardanelles, and now news has been received that his second son, Capt. E. H. Dadd, Royal Welsh Fusiliers, has fallen in action. The sympathies of every swimmer will be with the old plunging champion of England. Mr. S. T. Dadd won this title in 1893, and it is notable that the late Captain Dadd, when only a boy of fifteen, plunged over 70 feet.

Several well known swimmers took part in the R.A.M.C. Gala at Oswestry on August 26, among them being Capt. J. Wallace, R.A.M.C., the old Welsh international water polo player, who acted as referee, and Sergt.-Maj. McIntyre, Army Gymnastic Staff, the instructor at Rossall School, who gave a finished exhibition of the various methods of life saving.

Lance-Corporal G. Heywood, serving with the Australian Contingent, killed in action, was a well known Lancashire swimmer, who left England some three years ago for Australia, where he joined the forces soon after war commenced.

At an examination of members of the Water Lily and Marigold Swimming Club of Sheffield, on September 6, the Misses A. Smith, C. Atler, G. Sheldon, E. Wood, G. Mills, C. E. Harrop, M. L. Austin, I. Quixall, L. Ashford, D. Oliver, F. Hastings, W. Smith, L. Holroyd and A. Wood passed for the Awards of the Royal Life Saving Society. The instructresses were Miss K. Blake and Miss E. Pryor.

Eton Mission Boys had matters all their own way at the championship gala of the Federation of London Working Boys' Clubs at the Lambeth Baths on September 21, J. Gray winning the eighty yards in 0.61.3, F. Blackwell, the forty yards, in 0.25.2, L. Williamson, the hundred and sixty yards in 2.50, and the Eton Club teams the 176 yards junior and 352 yards senior team races, the only event they did not secure being the diving, which went to F. Pheby, of Oxford Trinity. Instructor Harry Harper must be heartily congratulated upon the success of his training. Mr. Charles A. Wrench, the energetic Hon. Secretary of the Federation, who takes keen interest in the welfare of all the boys, informs us that the Life Saving Championship has had to be postponed until October 16.

During the winter months Mixed Bathing will be allowed in the Ladies' Swimming Bath at the Lambeth Baths, Kennington Road, on Wednesdays, from 10 a.m. to 8 p.m., and on Saturdays from 5 to 8 p.m. The water will be kept at the pleasant temperature of 80 degrees, and the comfort of all visitors will be carefully studied by the superintendent and attendants.

Pte. J. E. Friend, Gloucester Regiment, killed in action, was one of the best forwards in Bristol Rugby teams, and also a good water polo player.

Mr. W. G. Morpeth, first Hon. Secretary of the Wellington Branch, was present at the last meeting of the Central Executive of the Royal Life Saving Society, and was most heartily welcomed. At this meeting over 2,100 Awards were made including four Diplomas.

A forty mile match has been arranged in America, and we read that the arrangements for the care of the competitions are as follows. "Armed guards equipped with flash lights, small steel nets and sharp steel prongs will accompany the swimmers. In case a shark appears the nets will be instantly lowered, and the prongs will be hurled at the man eater's mouth. If the monster eludes both the nets and the prongs, the guards will have recourse to revolvers." We are anxious to learn which stood the best chance of being spiked or shot, the sharks or the swimmers, if the former appeared.

The 100 yards Junior Championship of the Northern Counties of England, decided at Hyde on August 19, was won by R. H. Colling, of Old Trafford Swimming Club, in 1.11.4. He learnt to swim at Manchester Grammar School, and though his time is slower than ever before recorded in the competition, he is an improving youth and, moreover, possesses all the principles of a good sportsman. Just prior to the final heat a member of the Northern Executive notified the boys of the diminished value of the medals, in consequence of war time economy. Colling replied, "That makes not the slightest difference, sir; I should have been glad to compete if no prizes had been offered!"

Trooper Eric Arnold, Northants Yeomanry, who has died in Northampton Hospital as the result of a cycle accident, was the only son of Mr. W. V. Arnold, of Northampton, a well known athlete. Trooper Arnold, who had been eleven months in hospital, suffering from wounds received at the front, was a very fine swimmer. At the age of nine he gained the certificate of the Royal Life Saving Society, and when only fourteen secured the standard time award in the Northants mile swimming championship in the Nene.

At a gala at Eastbourne at the end of August Lt. Fleming Sands, East Surrey Regt., and Lt. Geary, East Surrey Regt., both V.C.'s, were placed second and fourth respectively to Lt. Dockrell, Rifle Brigade, in a 52 yards race for officers. Captain H. J. Penry, R.A.M.C., was third. At the same meeting Pte. Woodard, Manchester Regt., won the 52 yards open, and the Loyal North Lincs. a 208 yards relay race.

Congratulations to Vance Veith and Miss Margaret Fields on their recent marriage. The wedding was to have been kept secret, but Cliff Bowes, the champion diver of California, met them on their honeymoon, at Ocean Park, and the secret was out inside eighteen hours. The marriage took place at Santa Ana, and the witnesses were Mr. and Mrs. Arthur Allen, the latter the champion diver of the United States.

We have had a cheery letter from Capt. J. P. Hunt, Yorkshire Regt., who is "somewhere" on the Western Front. Capt. Hunt, who has served in the trenches at Gallipoli, and was one of the volunteers in the Boer War, tells us that he left much life-saving literature at the Dardanelles, and hopes it will benefit the Turks who may find it. In the interval between the Boer War and the present great European conflagration Captain Hunt was a prolific and authoritative writer on swimming. He has been a whole-hearted supporter of the Royal Life Saving Society for many years. In 1891 he gained his international water polo cap against Scotland, and was again awarded it in 1893, 4, 5 and 6, being captain in 1894, when England beat Scotland at Nottingham by four goals to one.

Corporal Hugh Wilson, London (Kensington) Regiment, who has been awarded the Military Medal, is a member of the Cygnus Club, and in 1907 represented London in the Junior international city match against Paris, which London won. Corporal Wilson was one of a contingent of the Brompton Oratory Cadet Corps who joined the Army a few days after the declaration of war.

Lieut. Clifford Roberts has been awarded the medal of the Royal Humane Society for saving the life of the driver of a munition wagon who was being drowned in the Somme. Lieut. Roberts had great difficulty in effecting the rescue.

The Medal and Certificate of the Port of Plymouth Humane Society has been awarded to Mr. W. W. Blight, J.P., of Stonehouse, Devon, for effecting a gallant rescue in March last. Mr. Blight was in bed when he heard groans coming from the direction of the Admiral's Hard. After dressing quickly, he went to the Hard and found an aged lady struggling in the water. Without hesitation he plunged in and brought her ashore.



Pte. W. E. G. McNally, of the Leicester and Shaftesbury Swimming Clubs, a well known swimmer and water polo player, has been severely wounded.

Before the war we had pleasant visits from Belgian swimmers, one of them being Leonhardt, who came over with the Belgian National team of water polo players. News has now been received that Leonhardt has been rapidly promoted Captain in the Belgian Army for bravery and efficiency in the field.

Corporal Arnold Crawshaw has been appointed swimming instructor to his regiment. Before the war Crawshaw was one of the special professional instructors appointed by the Amateur Swimming Association under its national scheme for the encouragement of swimming. The other was F. Unwin, the old back stroke champion, now also in the army. He held the 150 yards English record of 1.55.1 until G. H. Webster, of Sowerby Bridge beat it by three-fifths of a second in the 1914 championship at Hyde on August 18. This was the only senior Championship decided after war commenced, all remaining Championships being abandoned. The mile and long distance had been decided on August 1 and July 25 respectively, Hatfield winning both.

The report of the Manchester and Salford Schools' Swimming Association for the season 1915-16 records a steady increase of activity. In all, 813 certificates of proficiency in swimming have been awarded, 557 being won by boys and 256 by girls, the number in each case being greater than in the former season.

With regard to the contention of Mr. H. Leather that it is important to bear in mind that it is not essential for the teacher of swimming to be able to swim Mr. J. J. Seaborn Savell writes, "It is like trying to learn a trade by being told the use of tools by a person who cannot use them properly himself. Who would think of apprenticing a person to another who was not a practical man?"

Owing to the large attendances at the mixed bathing parades at Chiswick Open Air Baths, the Chiswick Council has during the past month thrown open the bath all Saturday afternoon and evening for mixed bathing. This, in addition to the excellent facilities afforded on other days.

It is reported from Honolulu that on July 22 last Kahanamoku swam one hundred yards in 53.4; that in a 500 yards relay race Kahanamoku, George Cunha, C. Lane, H. Kruger and J. Kelli covered the distance in 4.43.3, and also that the time of the first four named in a 400 yards relay race was 3.44.2. The previous American records were 54.2 by Kahanamoku, 5.9.3 and 3.45.3 respectively, both by the Illinois Athletic Club of Chicago.

Merced (U.S.A.) Swimming Club has a tank of its own, the contract price of which was 1,196 dollars. It is of concrete, 25 by 80 feet, and of graduated depth. The money for its construction was raised by the sale of life memberships of the club.

The Rev. A. Newman Guest, the "swimming parson" of Stantonbury, was easily beaten in his much advertised race with Sid Cook, of Newport Pagnell, at the end of August. He also "took on" Pte. Evans, a wounded soldier in a 100 yards' race at Eastbourne, but retired after traversing eighty yards.

Active membership of the famous Burton Club, winners of the final water polo championship, is now almost wholly confined to juniors, among whom are some promising youths. Great keenness has been shown, and the club nights have been thoroughly enjoyed.

Master Robert Bennett, a boy aged seven and a half years, recently swam in the Thames from Lambeth Bridge to the fire float off Blackfriars, a distance of about one and a half miles. This boy is also said to be good at feat swimming.

Sir Robert Baden Powell has announced that it is intended to create in connection with the Boy Scout movement a special medal and badge in memory of Jack Cornwell. The medal, he said, would be awarded for outstanding pluckiness, in qualification for which he recommended the cultivation of swimming, diving, life-saving and gymnastics.

The Royal Humane Society has awarded its certificate to Private Poole, for saving the life of a French child who had fallen into the River Somme, at Abbeville.

We observe that our friends in the provinces are making good use of the information contained monthly in the SWIMMING MAGAZINE, and we are glad to see that it proves interesting. At the same time when quoted an acknowledgment of its source might be given.

Our comrade of the *Liverpool Echo* has had the satisfaction of receiving the following from the War Office, "I am commanded by the Army Council to express their cordial approval of swimming as an exercise for the troops, and it is their desire that those unable to swim should be encouraged to learn."

Sergt. Eric Forsyth, wounded, is the famous Olympic and International swimmer and one of the best water polo players Wigan ever included in their team.

Lance-Corporal A. C. Huntley, Somerset Light Infantry, died of wounds, was well known in Bath as a swimmer, and also held a medal for life saving.

Corp. J. W. Hebbert, Royal Warwickshire Regt., killed in action, was well known in swimming circles, in Birmingham, having been joint hon. secretary of the Westminster Club and a member of its polo team.

Ludy Langer, of Los Angeles, has beaten the phenomenal Herbert Vollmer, of the New York Athletic Club, for the quarter mile Championship of America over a 110 yards course at Tracer's Island, New York. Vollmer led at the start and at 110 yards the race seemed over, but in the next lap the Californian drew level and was ahead at the furlong. Vollmer again obtained the lead, but within thirty yards Langer had him beaten and at 330 yards had an advantage of four yards. Vollmer then made a supreme effort but it was useless and the Californian won by twelve yards in 5.38.3. Vollmer swam very erratically and went all over the course, at times interfering with his opponent.

Commenting on the style of the winner an American contributor to the *Sporting Chronicle* says, "Langer, to my eye, used a deep trudgen stroke with a rotary finish, and after his legs have gracefully 'scissored' the water to a trifling extent, there is a species of 'hock action'—an elastic ankle kick,

which carried him along at high speed. Only two days before I had been leaning over the side of a canoe in deep water, watching the fish scud like lightning by a mere wriggle of the tail, and explaining to the attractive young girl who was just learning to swim that it was the perfect lines of the fish, the lack of resistance to the water as well as the curious, shall I say levitation, obtained through the air-bladder expansion and contraction that enable such results to be achieved. She thought awhile and then asked how that all applied to the tiny screw driving the big ship, and I thought I did fairly well with that, but after I had watched Langer I began to think there was a whole lot yet to learn about the human body in the water and the speed to be obtained, and finally concluded that the matter stood now where Thomas Edison told me electricity stood, in 1888, when we were in his old rooms in Broad Street, New York. 'Electricity is a ten acre lot,' he said, 'and all we know of it is what we've seen through the chinks in the fence.'

Langer repeated his victory of last year in the half mile championship swam at St. Louis on August 12, he completing the distance in 12.1.1. Second to him was Telford H. Cann, New York, and Vollmer was third. Previous American record was 12.8.3 made by Ludy Langer, at San Francisco, in 1915.

Vollmer is said to have made an American record of 11.41.4 for half a mile over a 110 yards course, in the Metropolitan swimming Championship at Allenhurst, N.J., on July 29. If so he must have been dead out of form when he swam for the half mile Championship a fortnight later.

J. L. (Bud) Goodwin, New York Athletic Club, is reported to have defeated Vollmer in the Metropolitan mile swimming Championship at Steeplechase Park in 25.15.3, this being the ninth victory of Goodwin in this event in ten years.

The Northern Counties Association of England is to carry on its instruction to youths of both sexes and scholarship scheme during this autumn and also next year. This decision was arrived at by means of a postal vote, which was unanimous. The good work which was inaugurated before the war will therefore not be hampered, except in districts where baths are closed.



## A TEMPTING TOUR. IS A LADY CHAPERON AN AMATEUR? AUSTRALIAN LADIES INVITED TO AMERICA.

A COUPLE of years ago two of the Australian lady amateur swimmers were invited to visit San Francisco and compete at the Panama Exposition games, and it was rumoured that Miss Fanny Durack and another lady swimmer had made the journey. But the visit did not eventuate, as the Exposition Committee, it is said, was unwilling to pay the expenses of another lady as chaperon. Since then Mrs. Hugh D. McIntosh, the President of the New South Wales Ladies' Amateur Swimming Association, has interviewed Mr. William Unmack, a prominent Californian swimming enthusiast, who has explained that the visit would prove a substantial success for the Australian governing body were a team of lady swimmers to reach there about the beginning of March next, as arrangements could be made for competitions in numerous cities, and the greater proportion of the receipts to be turned over to the manager or chaperon of the Australian ladies' team. The following are Mr. Unmack's suggestions:—

"Knowing that it is out of the question for an amateur to handle money, except under special conditions, I suggested that the chaperon should be officially known as the manager of the team, and consequently the representative of your association, and be recognised as such by the American Amateur Athletic Union. The chaperon, or manager, would handle all moneys received, and be accountable to the New South Wales body, as well as our association.

"If, after the tour closed, a surplus existed it would be handed over to your organisation, or should you desire to give a portion of the profits to us there would, of course, be no objection, but I think the whole surplus ought to go to your association, owing to the fact that it would be financing the venture.

"The management along these lines would be perfectly satisfactory to the governing body here, and it would be a legitimate amateur method of procedure. My plan, roughly, which could be altered and improved upon when details were gone into, is that the Australian ladies take out round-trip tickets to

San Francisco, *via* Honolulu and Vancouver. Galas could be arranged at both those places. Portland would follow, and then San Francisco, where two big meetings would be easily possible. Round-trip tickets would then have to be taken out to go across the continent according to the cities it might be considered desirable to visit between the State of California and New York. I would suggest Los Angeles, Salt Lake, Denver, thence to Minneapolis, afterwards Chicago, and subsequently New York, with stop-overs at other cities where meets might be arranged. Once in the east there would be no trouble over fixing up galas. I can, at this writing, promise that New York, Philadelphia, Brooklyn, Boston, Pittsburgh, and probably New Orleans, could be relied upon to receive the Australian girls well. Then there are the smaller cities.

"I reckon the team would swim in at least a dozen shows in different parts of the United States, and the money likely to be taken would more than cover all expenses."

The question of financing tours has always been a bugbear with the English swimming authorities, but once they consented to the financing of Olympic swimmers for Stockholm, they enunciated a new principle, and perhaps they may be induced to send one or two English lady swimmers to the States in the near future. It would be highly interesting were this suggested tour to be definitely carried out, for, as readers of the SWIMMING MAGAZINE are aware, there has been marked progress among lady swimmers in America during the last three years, and the times credited to them have been exceptionally fast. They would appear to have several worthy opponents for Miss Fanny Durack to tackle, and about half a dozen who are nearly Miss Nina Wylie's equal. In consequence, a splendid round of races could be fixed up, which in themselves would attract large audiences apart from other items on the programme, and you may be sure they would be good, for the Americans know well how to "boost" a show, the International character of which leaves plenty of scope for flights of imagination in the matter of advertising.

# The Swimming Magazine.

(Third Volume commenced 1st June, 1916.)

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The response to the proposal, made two years ago, to found this Magazine, was so very enthusiastic and thoroughly representative of the Art throughout the World, that the issue of the only organ in the English language devoted to the interest of Swimming, Diving, and Life Saving was assured. The first number was published on June 1, 1914, and the Magazine has been continued each month since with complete success.

It is generally admitted that it has filled a long felt want, has admirably answered its purpose, and has also proved a valuable medium of inter-communication.

In order to secure its continuance, all interested in the Art of Swimming are invited to forward, without delay, their subscription of 5s. (five shillings), which includes postage. For this sum one copy will be posted on the first of each month for a period of twelve months to the subscriber's address in any part of the world.

Owing to the world-wide distribution of the Magazine it can only be published as a subscription paper. It is not placed on sale with newsagents, and, therefore, the only way of securing its regular delivery is by becoming a subscriber.

*William Henry*

Hon. Editor.

## SPECIAL NOTICE.

Many important reports received by late mails from the Overseas Dominions, as well as home news, will appear in the November issue of the Magazine.





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