

HORLICK'S MALTED MILK

THE IDEAL FOOD DRINK FOR SWIMMERS

Mr. C. S. SMITH

ENGLISH WATER POLO
— INTERNATIONAL —

(Member of British Olympic - Teams, 1908 and 1912)-

says:- #

"I gladly testify to the great benefits I have derived from the use of HORLICK'S MALTED MILK, and shall have much pleasure in recommending it to my friends.

"I have used it continuously for some time, and its flavour and quality leave nothing to be desired. I find that it possesses highly nourishing properties, which should undoul tedly prove beneficial to all who use it, especially to those who take part in arduous games"

"Worthful,

London "



Nourishing, Invigorating, and Sustaining, supplying maximum nutrition with minimum tax on digestion Supplies strength and stamina, and taken after swimming or polo it will be found an excellent restorative.

Used extensively by the Leading Swimmers of the day.

READY IN A MOMENT REQUIRES NO COOKING

Of all Chemists and Stores, in Sterilised Glass Bottles, 1/6, 2/6, and 11,-

Liberal Sample sent post free for 8d. in stamps.

Horlick's Malted Milk Co., SLOUGH, BUCKS.

D. GEORGE COLLINS, Ltd. GOLDSMITHS SILVERSWITHS

GOLDSMITHS, SILVERSMITHS,
——MEDALLISTS,——

118, Newgate Street, LONDON, E.C.





SOLID SILVER PRIZES, TROPHIES, Etc. SHIELDS MEDALS. ELECTRO-PLATE. CUTLERY.

£30,000 STOCK TO SELECT FROM.

Catalogues on Application.

Holtorn 521,

Wholesale Prices.

THE

DUTY

of a

SWIMMER

is to be

READY

and

CAPABLE

to

RENDER

AID

in cases

of

DROWNING.

THE

Handbook of Instructions

For the Rescue of the Drowning, with Illustrations, issued by

THE ROYAL LIFE SAVING SOCIETY,

Contains a clear and easily understood METHOD OF
INSTRUCTION IN SAVING LIFE FROM DROWNING



How to get a Struggling Man out of the Water.



How NOT to get Drowned in Rescuing Others.



How to release from the Clutch of the Drowning.



How to Revive the Apparently Dead-

Especially prepared for the use of

SCHOOLS, GYMNASIA, INSTITUTES, SWIMMING AND ROWING CLUBS, THE NAVY, ARMY, TERRITORIAL AND POLICE FORCES.

PRICE: Single Copy, post free, 1/1. Forwarded on Receipt of P.O. Affiliated Clubs, Schools and Classes, One Dozen or more, 6/- per doz.

Only to be obtained from

THE ROYAL LIFE SAVING SOCIETY, 8, Bayley Street, LONDON, W.C.

Offices:

8, BAYLEY ST.,

LONDON, W.C.



JAMES GROSE, LTD.

Sports Outfitters.

SPECIALISTS IN "SWIMMING." "GYMNASTICS," "BOXING." "RUNNING." ::

Special Quotations for SCOUT OUTFITS. SEND FOR SPECIAL LISTS.

MOTORS, CYCLES, & ACCESSORIES

The most Complete Stock in London. 2,000 Different Items.

HEAD DEPOT-

OLD JEWRY. Cheapside, E.C.

Works, Showrooms, and Garage -255-257, HOLLOWAY ROAD, LONDON, N.

"Special Lists Post Free to any part of the World.

D. J. Collis Brownes CHLORODYNID

THE RELIABLE MEDICINE.

Doctors and the public have used it with unvarying success in all parts of the world for upwards of 60 years. The BEST REMEDY KNOWN FOR

COUGHS, COLDS.

ASTHMA, BRONCHITIS.

Cuts short attacks of SPASMS. HYSTERIA, and PALPITATION.

Checks and acrests FEVER, CROUP, and AGUE.

Charm in DIARRHOEA and other complaints of

Acts like a

A true palliative in complaints (NEURALGIA, GOUT, TOOTHACHE, RHEUMATISM. the bowels. The secret of the manufacture of Dr. J. Callis Browne's Chlorodyne has never been divulged, and compounds called Chlorodyne cannot possess the same cura-

tive virtues. Purchasers therefore should Always ask for a "DR. COLLIS BROWNE.

Of all Chemists, 1/11, 2/9, 4/6.

& CHRONOMEN

Manufacturer and Designer of Medals

Anglo-American Exposition, 1814,
Guild of Freemen, City of London,
National Cyclists 'Union,
Royal Naval Volunteer Reserves.
Territorial Army (Swimming League).
Southern Counties 'Cycling Union.
N.C.U. Sussex Centre.
Polytechnic Cycling Club,
Rorough Polytechnic Shorts.
Royal Life Saving Society.
City of London Police Arthetic Club.
Northampton Institute.
A ton Manor Cyclista' Association.
Customs Sports Club.
Borough of Hammersmith.
Borough of Working Working Working County Company of Bakers.
Most of the leading Clube and Lodges in the World
OUALITY OF WORK GUARANTEED QUALITY OF WORK GUARANTEED

Best House in London for PRIZES of every description.

W. J. CARROLL,

Watchmaker. Jeweller, Silversmith and Medallist.

Small Repairs while waiting. : : : : : Largest Employer of Skilled Labour in the City. All Work done on the Premises at Clerkenwell Prices. : : : : : : : : : : Rest House in London for Repairs. : : :

33, Walbrook Bank, E.C.-20 & 21, London St. (Opposite Fenchurch), E.C.

Workshops: 17, BEER LANE, GT. TOWER STREET, E.C.

ESTABLISHED 1857.

Telephone No. AVENUE 6155.

The Swimming W Magazine

(The Official Organ of The Royal Life Saving Society)

No. 2. VOL. II. JULY, 1915.

OUR COMMON DUTY.

THE ORGANISATION OF INSTRUCTION. SCHOOL TEACHERS WITH THE COLOURS.

THERE is much good work for swimmers they had when at school have not been denied above military age to do this season. From exhaustive inquiries we have made, it is evident that the teaching in schools will be hampered, not by lack of enthusiasm on the part of the scholars, but by reason of the dearth of competent teachers in the schools, so many of them having obeyed their country's call, and in many centres the baths have also been closed,

The difficulty is, of course, great, because the school day ends before the ordinary volunteer teacher has obtained his leisure time, but there could be no harm in good Saturday afternoon work, provided the various school authorities could, for the time being, come into working harmony with the many ladies and gentlemen who are willing to give them a helping hand at all times, and more especially under such abnormal circumstances as now exist.

This month we give particulars of the valuable and far-reaching work which the London Schools' Swimming Association has done during its existence of close upon a quarter of a century, a work which has given untold healthy benefit to so many thousands of scholars of both sexes, and which has helped to disseminate a knowledge of the valuable art of swimming throughout the world, for the boys and girls, no matter in what land they eventually settle, take the knowledge with them, and almost invariably assist in teaching others to swim.

The interesting correspondence which we receive daily, for we are veritably the "World's Clearing House for Swimmers," proves this contention up to the hilt, and the old scholars of all the schools in Great Britain who are serving in the trenches or doing duty in far off lands would, we are assured, be gratified to learn that the advantages which

their successors by lack of enthusiasm through pessimism. It is not, perhaps, for us to suggest how individual effort should be applied, for there is no want of that even at the present time, but it is as well to point out that there seems to be lack of organisation in many Centres which once were active.

In the towns where the schools have been depleted of the masters acquainted with the necessary knowledge and who also were in the habit of taking the swimming classes, it would surely be possible to arrange a town's organisation, and to allocate to certain swimmers the duty of taking the classes in turn. The question of the hours of teaching would be a matter of simple arrangement provided the authorities were willing.

There are many swimmers who could get a few hours off a week, and would gladly give up Saturday afternoons, men who cannot enlist, or are not likely to be called upon as Government workers. All that is required to obtain their services is efficient organisation in each district where the schools are handicapped by the loss of their men. The patronage and help of the majority of the clubs can best be secured on the plea that they would thus be encouraging the teaching of the art of swimming, as the primary object of these bodies is to promote the art of swimming among both sexes, and to encourage its teaching to school children. In this respect we would draw attention to the splendid example that Mr. Doherty, of Swansea, and the Burnley Club have set, a notice of which appears in "Notes on News." The boys of to-day will be the men of to-morrow, therefore every effort should be put forth to make them physically fit. It is a service to the nation which should not be overlooked.

THE ROYAL LIFE SAVING SOCIETY.

DARNELL TROPHY AWARDED TO CITY OF LEEDS.

PROF. SIR EDWARD A. SCHAFER AND GERMAN GAS POISONING.

of the Society on June 17, when many reports from different parts of the Empire and abroad with regard to the progress of life saving were received. The first business was the consideration of the award for the "Darnell" Excellence Trophy, and as many of the reports were of a lengthy character, showing considerable effort to promote the cause of swimming and life saving, the alloca-tion of the Trophy was not an easy matter. After a careful scrutiny in detail of every report it was unanimously resolved that this magnificent trophy should be awarded to the City of Leeds Training College, whose

report was as follows:-

"The teaching of Swimming and Life Saving is not part of the enforced official curriculum of this College, but the public spirit of the College is such that every student feels it binding upon him to take advantage of the opportunities afforded for learning to swim. This is evidenced by the fact that since the College opened seven years ago we have never yet turned out a resident man unable to swim. It would be quite easy to organise Swimming as part of the official curriculum, but in the opinion of the Principal it is much better to give the students themselves considerable power in the government of this part of college life. It is for this reason that the students are allowed to elect their own Swimming Committees and Captains, and generally to take a considerable share in the stimulus and control of the work, with the consequent result that the spirit for this activity is in every way superior to that which would be produced by official government, pure and simple.

"The College Baths are open throughout the year, and an Instructor is in attendance during every day of the College Session. The number of men in residence this year is 160, the number last year 180. All these have taken instruction in Swimming unless advised by the Doctor not to do so. Last year there were no men who came under the doctor's

THE usual monthly meeting of the Central these two only one is a Senior, and with this Executive was held at the offices one are the contract. Executive was held at the offices one exception every man who is leaving this month is able to swim. Naturally there is not the same percentage of attendance of women students, although quite half of these take instruction. Of these a very high proportion are able to swim before leaving College, and many of them become quite expert swimmers, as is evidenced by the results.

"The tests applied to prove ability as a swimmer are those required by the Royal

Life Saving Society.

"The arrangements for Life Saving Classes are as follows:-The College Year is divided into three terms, and during the whole of each term classes are held five times a week under the direction of the Instructor, Mr. Boyd. As soon as the students are ready to be presented for the Royal Life Saving Society's Award, an examination is held. One day per week is set apart for instruction of students who are taking the Silver Award, and one half-day is given up to lectures and instruction for the Honorary Instructor's Certificate. As all students are going out into the schools of the country to teach, demonstration lessons are given by the Instructor, Mr. Boyd, to classes of children, and students who are taking the Honorary Instructor's course attend for these lessons. It is hoped that the time will come when all teachers in elementary schools will be able to teach swimming to boys as efficiently as they would teach Arithmetic or History.

"The Awards gained by the students at the City of Leeds Training College in the interval between June 1, 1913 and May 1, 1015. were: - Elementary Certificates, III; Proficiency Certificates, 148; Bronze Medallions, 145; Awards of Merit, 57; Hon. Instructors' Certificates, 7; total, 463.

During the year two lives have been saved

by students of the Institution.

"On July 2, 1914, Alfred G. Higginsa present student-and a friend of his, W. T. Wood, were bathing in the River Wharfe at Arthington, when Wood got into restriction, this year there were two. Of difficulties in an unexpected deep part.

Higgins, seeing him, just as he was going Elementary Schools Swimming Association, under, swam out and brought him safely to shore. On Monday evening, May 3, 1915, geographical excursion when Albert Howes -a present student—was successful in saving the life of a little boy about eight years old. who, when playing on a plank at the edge of a tributary stream of the Aire, had fallen into the water. He had drifted some distance from the plank when the attention of Howes was directed to him. Without divesting his clothes he swam across the stream to where the lad was and got him safely to the bank.

"The above indicates what is being done to promote the objects of the Royal Life Saving Society, but the most valuable asset which the Society receives from the work is the fact that the College is turning out each year something like 200 missionary enthusiasts

for the cause."

Among other reports considered were those of the Ackworth School, Pontefract, who won the trophy last time it was open to schools and colleges, since when they have presented a further 292 successful candidates for the Society's Awards, and reported several fine rescues by holders of these awards.

Berkhamsted School, which has 258 boys on its roll, has 212 swimmers, and has

obtained 142 awards.

North-Eastern Counties School, Durham, with an average of 252 boys in the school. have secured 214 awards. At no time during the past two years have non-swimmers reached 5 per cent. of the school,

Bootham School, York, which has an average of 92 boys per year, has in two years

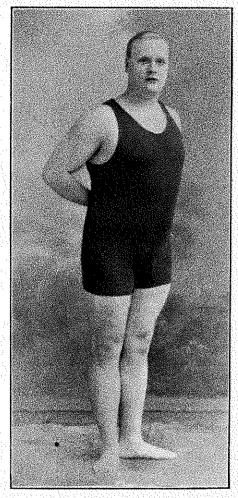
secured of awards.

Beckenham County School, with 81 boys, ages from 8 to 17, secured 67 awards in two years. The school also records several cases of life saving by the scholars, and that 23 of the Old Boys, holding various awards of the Society, are now teachers in the Elementary Schools.

Among other schools who sent in reports was the St. Paul's School, Kensington.

The Chief Secretary reported that since very serious reflection on the educational Southampton and Portsmouth, with the view of instituting classes of instruction. busy with the naval and military forces. He also interviewed the hon, secretary of the

who promised to press the matter forward. At Portsmouth he visited the Naval Swima party of our students were away on a ming Baths and observed the method of imparting the knowledge of swimming to recruits, where upwards of 7,000 lessons were being provided, before they could be regarded as efficient to pass the test. This is a



Professor F. C. Boyd, Expert Swimmer and Trainer.

the last meeting he had visited Winchester, authorities of this country, who do not provide the boys with the necessary lessons while at school, so that when they join the At Southampton he met Mr. Bridgen, the forces they are ready to learn the business of superintendent of the Baths, who stated the fighting machine instead of giving up that his establishments were extremely days to the practice of a subject which should be taught in every school.

At Winchester, the Chief Secretary found

anyone locally to provide the many thousands of troops with instructors in the only two open-air bathing-places in existence in that city for the use of the public. Notwithstanding the fact that between fifty and sixty thousand troops are stationed there, both bathing-places are closed to men for three days in the week. They are being utilised for the purpose of the ladies residing in Winchester.

The Chief Secretary also reported that he had visited Manchester in order to attend the Twenty-First Annual Meeting of the Manchester Branch, a report of which appears elsewhere. From Manchester he travelled to Leeds and was there the guest of Mr. W. Parsons, the Principal of the City of Leeds Training College.

In the College Bath two displays were given, one by the women's class and the other by the men's. In each display a large number took part, and both classes exhibited excellent knowledge and ability of all-round swimming and life saving. Each display consisted of the five methods of life saving, with and without clothes, breast, back, trudgen, over-arm and under-arm swimming, object diving, scientific movements, such as revolving, sculling, propelling, motionless floating, etc., as well as plain and fancy diving. Those who took part are to be among the future teachers of the youth of this country, and the Principal is fully determined that when they leave the College they shall be fully equipped with the knowledge of this useful subject, and have the ability to impart it successfully to their pupils.

The Chief Secretary specially desired to compliment Prof. F. Boyd, the College Instructor, upon the excellence of his pupils. and the enthusiasm he has imparted to their work. It is entirely due to him that the College has achieved the success it has by winning the "Darnell" Excellence Trophy. Prof. Boyd is a fine all-round swimmer himself and has passed for all the awards of the Royal Life Saving Society, including the Diploma. His technical work in the water is particularly excellent. Besides giving instruction at the College, Prof. Boyd has many classes in the City of Leeds, Harrogate, etc., but as future results go he is of opinion that the best will be obtained from his pupils at the City of Leeds Training College, and as Mr. Parsons is particularly keen that every teacher should be capable of imparting the

that no systematic effort had been made by the example set by this fine institution will be followed by other training colleges of a similar character in various parts of this country. The City of Leeds Training College is the only College for Teachers with an upto-date swimming bath. It is 75ft. long and has all the necessary appointments.

An important communication was received from Prof. Sir Edward A. Schäfer, F.R.S., with respect to the utility of his method of resuscitation in cases of gas poisoning. He stated that he had "no doubt that for any one asphyxiated by the poisonous gases which the Germans are using, artificial respiration would be the best immediate treatment, at least if they were in extremis."

MANCHESTER DISTRICT BRANCH.

The Twenty-First Annual General Meeting of the Manchester District Branch was held at the Grosvenor Hotel, Manchester, on Monday, June 14, prior to which the delegates met at tea, at which Mr. William Henry, Chief Secretary of the Royal Life Saving Society, was the guest.

The Manchester and District Branch, which has for its president the Lord Mayor of Manchester, was instituted three years after the parent body, and ever since its formation has done splendid work in the good cause. In the year of its initiation it did propaganda work, and in 1895 its members gained 27 Proficiency Awards. In 1902 this number had increased to 138, but the next year it leaped up to 862. In 1906 it was 1,153, the following year 1,108, in 1911 the numbers rose to 1,193, and in 1913 they were 1,117. Last year they dropped to 861, but the full total since the start of the branch is 11,061.

The drop last year was, of course, caused by the deplorable outbreak of war when everything was progressing favourably, the classes well in hand, and the entries for the various Branch and National Competitions received. These, at the beginning of August, all had to be dropped, for the candidates at once enlisted. But the knowledge they have gained should prove useful; indeed we know that it has already done so in many cases.

In spite of the set-back, however, no fewer than 45 classes were presented for examination by 26 organisations, and as a result 861 awards were granted for proficiency, a worthy testimonial to the large amount of work that must have been done in the spring and early summer of last year, and one which knowledge, the time is not far distant when indicates that under normal circumstances

the branch would easily have beaten all its serving on H.M.S. Good Hope, at the time of previous records, in its coming of age year. The Executive had the good fortune to have many willing workers, and also to get great assistance from the various bath authorities. whose help was invaluable. As its chairman it also had Mr. J. Derbyshire, whose ability as an organiser is unequalled and who, as superintendent of all the Manchester Public



W. H. Broom, Hon. Sec., Manchester and District Branch.

Baths, takes an interest in all that pertains to the well-being of natation and, more particularly, life saving.

As evidence of the good done we may mention that J. Fielding, late a member of the Manchester Citizens' Classes at Newton Heath, home wounded from the Aisne, reported swimming across the river with a section of a machine gun, and also saving the life of a young girl. In another case, an old medallion winner from the same classes,

its loss, was enabled to save his own life and render assistance to others.

Mr. W. H. Broom, 157, Derby St., Bolton, the hon, secretary, has now completed sixteen years of meritorious service. The parent body has recognised the value of his good work by conferring on him its Distinguished Service Medal, a distinction which was also conferred upon Mr. J. Derbyshire, who was presented with it at the hands of the Lord Mayor of Manchester. It was due to Mr. Derbyshire's initiation that the Manchester Corporation Baths Committee started the Manchester Citizens' Classes in 1903, and gave special facilities and awards for competency to citizens of both sexes. This splendid example has since been followed by the authorities all over the British Isles and in the overseas Dominions. Thus Mr. Derbyshire's effort to promote the cause has spread far from where it was first put into practice with such beneficial results, and will always be remembered with gratitude, not only by those who have been benefited, but also by all who have the interests of life saving at heart. Mr. Derbyshire was the guiding spirit at the formation of the Branch, and last Monday took the chair at the Twenty-First Annual Meeting, when we had the pleasure of listening to a splendid address on the value of the work done by the many enthusiasts connected with the Society. who also paid a special tribute to the exertion of Mr. W. H. Broom as Hon. Secretary, and the many ladies and gentlemen who have helped to spread the knowledge far and wide.

NEW SOUTH WALES.

It has, of course, been impossible to carry out a full programme in New South Wales during the past season, but writing under date of April 27, Mr. Geo. H. Williams, the energetic hon, secretary of the New South Wales Head Centre, informs us that up to that date 151 Elementary Certificates, 584 Proficiency Certificates, 340 Bronze Medallions, 19 Awards of Merit, 5 Teachers' Certificates, 22 Hon. Instructors' Certificates, and 1 Diploma had been granted, the total being 1,122. There are still a few examinations to conduct, and the results of these will be reported later in the year.

The Centre has a large number of its members at the front, no fewer than fifty having gone from the Manly Club alone.

THE SWIMMING MAGAZINE.

An endeavour was made to hold an examination at Newcastle during April, but it had to be postponed owing to a heavy gale. There is a new bath at Newcastle right on the ocean side, which has cost £8,000 or £9,000, but at present there is no enclosure or building round the bath, which has been excavated out of the rocks. There is, however, a wide promenade all round.

As the swimming season is now over a number of the life savers are going through the classes of the St. John Ambulance Association, thereby keeping in touch with one another during the off season.

Col. Roth, D.S.Ö., who has done so much for life saving in Australia and who served in the South African War, has left in command of the N.S.W. Army Medical Corps. Two of the winners of the last Roth Challenge Cup have joined the corps, which has had plenty of swimming practice at the Bronte Baths, for Col. Roth will have no "wasters" in his command.

HOLLAND.

Among those interned at Groningen is W. I. Bull. Benbow Battn., First Royal Naval Brigade. Mr. Bull, who is a son of Mr. W. E. Bull, a life member of the Royal Life Saving Society, is one of the examiners, and in conjunction with his other unfortunate colleagues has started a swimming club, of which he has been elected captain. One of the objects of the club is the teaching of life saving, and this Mr. Grey, Croydon Swimming Club, has undertaken, and provided the stay is prolonged, examinations will duly take place. The men are fortunate in having some splendid open-air baths in which to practise, and are assisted, as far as is practical, by their "hosts,"

Mr. Bull is J. W. of the "Gastvrijheid" (Hospitality) Lodge founded at Groningen on May 22 last, under the jurisdiction of the Grand Lodge of the Netherlands, on the recommendation of the Grand Lodge of England, for the purpose of enabling British Brethren belonging to the 1st Royal Naval Brigade and attached British troops interned at Groningen, Holland, during the European War, to continue their Masonic duties. Under the Charter issued by the Grand Lodge of the Netherlands, permission was granted to use the English Ritual, the only restricting condition being that no person should be initiated unless he was a British subject belonging to the Interneerings Camp, Groningen.

VICTORIA AND TASMANIA.

As Mr. Edward J. Harris, the hon. secretary of the Victorian Head Centre, has journeyed home to rejoin the R.A.M.C., his place has been taken by Mr. Harry Witty, the only swimmer in Victoria who holds the honours diploma of the Royal Life Saving Society, and a sketch of whose career was given in the May number of the Swimming Magazine. In April last Mr. Witty was doing good propaganda work in Tasmania, and had opportunity of witnessing a life saving display by the young ladies Miss Barnard and Miss Pocock have so efficiently trained. Their doings have been frequently referred to in these columns, but we cannot refrain from adding Mr. Witty's personal testimony. In an interview with a representative of the Hobart Daily Post Mr. Witty said: "After my exhibition several young lady students of the Collegiate College, including two daughters of his Excellency the Governor (Sir W. Ellison-Macartney), who had been instructed in life saving work by Miss Barnard and Miss Pocock, went through the various methods. I cannot refrain from congratulating them on the way they carried out the waterwork. The work of the vounger children particularly is of a very high standard, and many students show signs of becoming first-class fast swimmers. If such talent be properly encouraged first-class results will be obtained and Hobart will never regret any expense in this direction. I suggest that the Mayor and Aldermen as well as the parents of the children should witness the excellent progress made by the younger generation."

It is evident therefore that the pioneer work so unselfishly done by the Misses Barnard and Pocock is at last bearing fruit, and we warmly congratulate them. The primary object of Mr. Witty's visit to Tasmania was for the purpose of examining candidates for the diploma, but only one presented himself, this being Edward Ronald Watson, of Sandy Bay, a scholar at Leslie House School. The examination was conducted in a reservoir. The candidate acquitted himself well, but as he had not practised in fresh water he was unable to float when motionless or to ably perform certain feats in which floating forms a useful part for perfection. But of course Wilson was handicapped by the conditions. Quiet training in fresh water will, however, soon overcome the difficulties, as he gives promise of ability.

part in a demonstration of life saving methods in Long Beach, Sandy Bay, in connection with a branch of the Society which surf work was admirably performed, the instructor being Mr. C. E. Fox, a native of Hobart, but for years an active member of

On a later occasion Mr. Witty took Award of Merit, T. W. Simpson and Edward Watson, who have gained like distinction, and Eric Fox, a powerful band of energetic and enthusiastic workers. The formation was formed in Hobart during his stay. The of this Head Centre has given great pleasure to the Central Executive. Below we reproduce a photograph of the Tasma Life Saving team that has done the pioneer work!



Pioneers of Life Saving Work in Tasmania with their Life Saving Reel.

(Reading from left to right.)

Miss B. Crawford (1st Lineman and Resuscitator); Miss Grounds (2nd Lineman); Miss N. Tracey (Rescuer); Miss Barnard, Miss Pocock (Instructors); Miss G. Crisp (Beltman); Miss Lipscombe (3rd Lineman). In front-Master T. Gibs in (Reelman) and Miss M. Ricketts (Patient).

the Manly Life Saving Club, who had been giving demonstrations in Melbourne. and was in Hobart during Mr. Witty's visit. Mr. Fox holds the Bronze Medallion, and Award of Merit of the Royal Life Saving Society, and also the Medallion of the Surf Bathing Association.

The Tasmanian Head Centre of the Society has now been formed, with Mr. Alex. G. Stabb, 42, Molle Street, Hobart, as hon. secretary, a splendid working executive and the support of Hobart's leading citizens. The "Tasma" Life Saving Class, which has the objects of the Society thoroughly at heart, and has frequently given demonstrations of the work, is represented on the executive by the Misses Barnard and Pocock. Included in the executive are also Charles Rodway, holder of all awards up to the

TRANSVAAL.

The season of 1914-15 has now drawn to a close, and as all the baths are of the open air variety it is almost needless to say that swimming is practically entirely suspended except as far as concerns the hardy band, whose like is to be found in most quarters of the Empire and are known as the "all the year rounders."

Although it was anticipated that there would be few Galas and competitive events generally, they have had far from a blank season, for there have been the Transvaal A.S.A.'s Gala for the benefit of the war funds held at Johannesburg, and the Pretoria Club's Gala for the same object. Boksburg Lake S.C. have also held a display for the same object.

The Taafe Shield school competition was

28

Johannesburg S.C. and Troveville Central School is now the resting place of the

Of the Water Polo Championships the Third League was the only one carried out, this being for lads under 17 years of age, and was again won by Boksburg Lake S.C., after a replay consequent upon a tie on points by that club and Johannesburg S.C.

The last competitive events of the season were the Transvaal R.L.S.S. championships, one open to Boys and the other to Girls' schools. These were inaugurated by the Branch to encourage a knowledge of Life Saving methods amongst the children. This object was achieved, for notwithstanding that the competitions were only decided upon late in the season, and consequently short notice given to the schools in the Province, six boys' teams and four girls' teams competed and all provided an excellent illustration of keenness and of the patience and labour of their respective instructors.

In the boys' Championship Doornfontein "A" team were the successful four, the points awarded being 218, Jeppes Central "B" being second with 207 points and Doornfontein "B" third with 197. Other teams competing were Jeppes Central "A" and Troyeville "A" and "B."

Doornfontein School also won the Girls' Championship with 210 points, Troyeville being second with 205 and Jeppes Central "A" 203 points. Jeppes Central" B" team also competed.

It is hoped that a trophy will be forthcoming for each of these championships next season, as a further inducement, if such is needed, but the Branch committee feels that the present state of affairs does not warrant an appeal being made, so for the present medals have been awarded.

All the Transvaal swimmers who are on active service in German South-West Africa have done well and are reported to be very fit. It is confidently hoped that they will have returned safely from their arduous duties long before the next season commences.

The Annual General Meeting of the Scottish Amateur Swimming Association is not to be held this year, and last year's officials will continue in office. Only the 100 Yards Tunior and 100 Yards and 200 Yards Ladies

swam off at a successful Gala held by the AMATEUR DIVING ASSOCIATION.

Its Rise and Progress.

By Sidney J. Monks, Vice-President.

(Third Article.)

N addition to the competitions for the "Ede" and "Geogehegan Senior" Cups, the conditions for which were detailed in my last article, the Amateur Diving Association carries through many other important events during the summer and winter seasons.

Perhaps the most important contest of the season is the "Open Water Championship." In 1903 the then President, the Earl of Mansfield, donated a cup for this event, and naturally it was looked upon as the chief event of the year. Consequently it is the ambition of everybody to win this cup, and, as will be seen by a list of the holders, has been held at different times by the best English divers. In 1906 Sir Claude Champion de Crespigny became the President, and continued the active interest of the late President by giving the silver cup each year for this event. Naturally in a go-ahead body like the A.D.A. the original conditions have been improved, which means made harder, and it now consists of six plain and fancy dives at varying heights between 15 and 33ft off the new board at Ken Wood. It is not everybody who can (or cares to) become an expert at fancy diving off 33ft., and so, to encourage all classes of men, Mr. R. L. Ede gave a second cup for a "High Plain Diving Championship."

This competition consists of five plain standing and running dives from varying heights between 15 and 33ft., and is like the "Open Water Championship" decided at Ken Wood during the summer months.

There are two bath championships, these being decided at Holborn Baths during the winterseason from boards up to 13ft 6in. high, the highest obtainable at this London winter bathing resort. The bath test is somewhat peculiar, some of the finest open-air divers being, curiously enough, greatly affected by temperament when they come to compete in baths, while bath divers often do badly in the open. This leads to a greater division of the championships. I can recall the failures of many great divers under such circumstances, but will only quote one case, that of Championships are to be decided this season. Mr. Hjalmar Johansson, one of the greatest

divers in the world in the open air, and off a 10-metre board, and whose wonderful record in this and other countries is known to everyone who is interested in diving. The natural assumption would be that such a man could win any and every local championship held, whether it was in the open air or in a bath. Yet as one who has had to judge and handicap Mr. Johansson many times, I can safely assert, that he loses quite 15 per cent. of his effectiveness, directly he has to dive inside

a building.

The A.D.A. also caters largely for its other classes of members besides men. In 1911. owing to the increased interest taken by lady members, it was decided to offer them a challenge cup, to be competed for on the some popular lines as the "Ede Cup," and as the cup was given by Mr. R. L. Ede, it was called the "Ladies Ede Cup," and has proved a most attractive competition. Each season it commands a larger entry, and this is very gratifying, as showing the extension of diving among ladies. What a magnificent contest could be put up between two teams of six ladies each, one from the Jersey S.C. and one from the A.D.A. On many occasions in the past, the beautiful clean diving of the Jersey ladies has appealed to me. An open competition for girls under 16 for a Perpetual Challenge Cup, given by Mr. H. E. Pott, one of the greatest divers this country has ever turned out is, to all intent and purposes, a "Girls' Diving Championship," as our governing body of swimming does not encourage diving amongst ladies or girls. Probably they are unaware of the keen interest displayed by ladies in diving. Fortunately the A.D.A. recognized the needs of such an impetus for ladies and girls, and the increasingly large number of entries each year for the "Ede Cup" for the ladies and the " Pott Cup" for girls is abundant evidence that their forethought was in the best interests of diving.

Boys are also particularly well looked after. They are so strong in membership as to necessitate their own section, and Hon. Sec. Mr. "Pa" Churchill (in the absence of Mr. Harold Goodworth at the front) has his hands pretty full. The boys have many privileges by joining the A.D.A. at the nominal fee of one shilling, and as it is from these small boys we must expect our next generation of divers, it behoves the A.D.A. to look after and encourage them in every possible way.

(To be continued.)

NOTES ON NEWS. Items of General Interest.

Jackson Dodds, the well-known Otter clubman and water polo player, who went to the front with the H.A.C., and rose to the rank of sergeant while in the trenches, has been promoted Lieutenant in the Army Ordnance Department.

The Eastbourne Club, which has given 90 out of its 234 members to the services, held a gala last month at the Devonshire Park Baths, as an entertainment to the R.A.M.C., who beat the local club in a team race, thanks mainly to the speed of Lieut. Archibald Murray, an Australian swimmer. The R.A.M.C. also beat Eastbourne in a water polo match by five goals to two. * * *

The Leinster Branch of the Irish A.S.A. has unanimously decided to abandon all championships for the year, and to devote energy to the promotion of swimming and life saving in the schools.

Eric Forsyth, captain of the Wigan Swimming Club, has been promoted to the rank of sergeant in the Manchester Polo Batta-

Frank Beaurepaire has joined the Australian Expeditionary Force and has been accepted for the front.

* * * *

"Snowy Baker" met with a bad accident while driving his motor car in March last. One of his companions was killed and the Australian swimmer and boxing promoter was seriously hurt in the back, but he is reported to be well again. He has recently been affording opportunity to Harold Hardwick, the ex-amateur swimmer, to compete in professional boxing contests at the Sydney Stadium.

The Sanitary Committee of the Granthan Education Council say they cannot make arrangements this season for the organisation of swimming-classes attending the open-air swimming-baths during school hours. Let us recommend the Education Committee, who can, by the way, make arrangements for looking after school pianos, to "read, mark, learn and inwardly digest" our leading

The Balham Swimming Club has had cups presented to it by Councillor George Doland, for the club's 100 Yards Championship, A. T. Banfill, and G. R. Huntley. The Banfill Cup will be for a 100 yards handicap and the Huntley Cup for a series of races over various distances up to 200 yards. The club has life saving practice every evening after racing.

An ill-fitting or clumsily made costume spoils all the enjoyment of a swim. Yet very often, though high prices are paid, the costumes, apparently of regulation pattern, become before long quite irksome to wear. One evident cause of this is that the regulation pattern does not suit everybody's build, no matter how careful the maker may be, but the usual cause is the use of material which is quite unsuitable for bathing or swimming purposes and which makes the costume, after a brief period of use, to get right out of shape, and become quite un-comfortable through shrinkage in parts, or else permanent stretching, thereby rendering the covering unsightly. To obviate these common defects, annoying always to the purchaser, Mr. James Grose, the well-known athletic outfitter of 4, Old Jewry, has been at great pains to produce a costume which shall be immune from the faults we have described, and has by means of a special silk, a further supply of which he is unfortunately unable to obtain at present through the war, been able to overcome liability to any possible complaint. The costume is made in black silk, but there is only a limited number for ladies and gentlemen. We have tried one ourselves and find it certainly the best we have yet worn. It is beautifully made, there is no possible chance of chafing, and it fits to a nicety. Those who like a good costume would appreciate this one. Every detail has been carefully studied by Mr. Grose, who is an expert swimmer himself, and whose advice on points of swimming and bathing-dress are valuable. Readers of the Swimming Magazine who would like one of these costumes should write to Mr. Grose, who will personally supervise the orders.

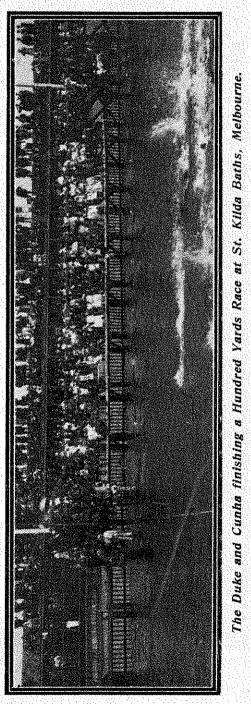
In all probability a fine open-air bathingplace will be provided next season close to the banks of the Thames at Twickenham, and easily accessible from Richmond, the London County Council having given favourable ear to a suggestion that such accommodation should be provided in the Marble Hill Estate on the left bank of the river just above Richmond Bridge. The estate, which borders on the river, was purchased some years ago by the London County Council in order to preserve the amenities of the view from Richmond Hill and also to provide a riverside pleasure-ground for Londoners. Twickenham itself has already an open-air bathing-place, but this is situated on the far side of Twickenham Common, in the Meneway, a tributary of the Colne, but this place is quite inadequate for the needs of the neighbourhood.

Some of the Royal Fusiliers in Malta are members of well known London Clubs and are good swimmers. One of them writing to us says that the water runs in warm and cold streaks, and that the sensation of swimming any distance is peculiar to those accustomed solely to English swimming. Anyhow a goodly number of them are able to enjoy their favourite pastime, and those unable to swim are most envious of their more fortunate comrades.

Sam Blatherwick, who has been appointed an instructor to school children by the Sheffield Education authority, finished fourth to Oscar Schiele, of Magdeburg, in the competition for the King's Cup, held the year before the war, and dead heated with the same swimmer in 1908, the year of the Olympic Games of London. By accepting the appointment Blatherwick, like Fred Unwin, his famous fellow-townsman, loses his amateur status, but his knowledge and ability will now be directed to a channel which should prove highly beneficial to the youth of Sheffield. We have no doubt that one of the first things Mr. Blatherwick will undertake will be the formation of advanced life saving classes, thereby helping the Sheffield and District Branch in its good work. for Sheffield has always been one of the great English centres of activity in life saving work.

Walpole Hiller, who has been so closely identified with many Channel swims, and whose versatility is remarkable, is doing good instructional work among the junior section of the Sheffield Otter Club, an Institution which has a proud record and has sent its best to help their King. Mr. Hiller's words of encouragement and practical expositions of the best methods of swimming are very helpful to the boys.

ducing two rather interesting photographs, taken at Melbourne by Mr. Harry Witty and sent to the Scarboro' Pictorial, which the Editor has kindly lent. The narrow one represents the St. Kilda Baths, in which



This month we have the pleasure of repro- Duke Kahanamoku is finishing the 100 yards scratch race, with George Cunha lying second. The St. Kilda Baths, Melbourne, are as well known as the Domain Baths at Sydney. They have not the same accommodation for spectators as the latter, but most of the big events promoted by the Victoria Amateur Swimming Association are held in them, where many records and reputations have been established, as most of the best swimmers in Australia have competed in them. These Baths are built on a sand beach, and have a very picturesque office at the entrance which reminds one somewhat of an exhibition building. There are several tiers of dressing-boxes, with accommodation for several hundreds of people. This Bath is the usual kind to be found around Australia; it stands on piles, and is closely fenced in on all sides in order to guard the bathers against sharks. The second photograph represents a party of swimmers, including Duke Kahanamoku and George Cunha, the two Hawaiian Champions, their Manager, and several swimmers who were on a visit to the Surrey Hills, which are situated some distance from Melbourne, which is a well known swimming

The Northern Counties A.S.A. has decided to run two new championships for youths under sixteen years of age. Both are over the distance of 100 yards, one being for breast stroke and the other for back stroke. The Northern Association is working hard with a programme of juvenile encouragement, and does not mean to allow things to drift. It is in close touch with its best clubs, and is using them for smart propaganda work.

St. Paul's School met Lancing College at Lancing on June 5, and were beaten by 2½ pts. to 11 pts. F. N. Newman, their best swimmer. accounted for the 100 yards in 1.7,1, and was tied in the diving competition, but L. N. Gaskell, their short distance sprinter, was relegated to third position in the 40 yards race, and Lancing also won the 240 yards team race. Earlier in the same week St. Paul's met Merchant Taylors in the bath at St. Paul's School and won a 50 yards race, 100 yards race, team race and plunging competition; but they were beaten in a graceful diving contest. F. H. Newman won the 100 yards in 1.13, and was placed second to W. P. Trotter, Merchant Taylors, in the graceful diving.

Owing to the long hours of work at Woolwich Arsenal, it is impossible for the Invicta Club, Woolwich, to arrange a programme for the season, but it has fixed up a series of mixed bathing festivals, and these are proving highly enjoyable as well as beneficial for practice in advanced swimming and life saving. The meetings are confined strictly to Invicta Club members and thereby a happy family bathing party is assured every Thursday evening.

It is reported that Gordon Lyons, a young Sydney, N.S.W., boy has traversed 100 yards without a turn inside one minute.

Keen sympathy will be extended to Mr. Tom Cairns, superintendent of the Westminster Road Baths, Liverpool, on the death of his son, Pte. T. Cairns, King's Liverpool Regt., who died in Leeds Hospital after six weeks of intense suffering from indescribable wounds received at the battle of Hill 60 on April 18. Mr. Tom Cairns, sen., won the English amateur 220 yds. championship in 1883–4–5, the 440 yds. in 1884 and the 500 yds. in 1884–5.

Here is a good example for all of us. The Morriston open-air baths at Swansea are short of an instructor by reason of the fact that the permanent official has joined the Army. Thereupon Mr. W. Doherty, the ex-amateur champion of Wales, has stepped into the breach and has offered his services free of charge for a couple of hours, two or three times a week, provided that by so doing he does not keep a man of over military age out of employment.

There is a demand for the institution of long distance certificate examinations for breast-stroke swimmers. It is a good while since we had a distance race using this class of stroke only, but there are many good men who could cover a mile on the breast in decent time. The carrying out of a distance breast-stroke race would be beneficial to life savers, and would lead to a more general cultivation of a useful stroke, which has sadly been neglected in the struggle for "speed" honours.

The Otter Club has eighty-seven of its members serving with His Majesty's forces, four are volunteers and nine are acting as special constables.

Over a hundred swimmers took part in the opening dip of the Torquay Leander Swimming Club at Torquay at the end of May. Many of the members on service sent complimentary telegrams and some who are still in England travelled specially to take part in the bathe, as it was the twenty-first anniversary of the Society's existence. It was a beautiful day, and the sport was excellent, fun and frolic being the order of the afternoon.

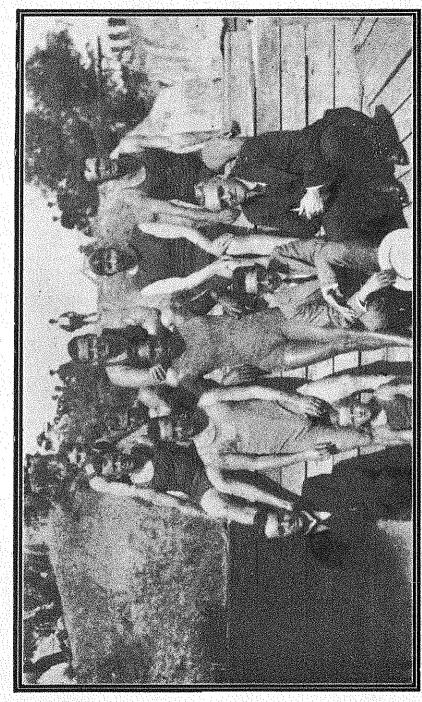
More than fifty per cent. of the adult male members of the Penrith Swimming Club are serving with the colours. At the Annual General Meeting these were elected to honorary membership. The Rev. R. W. Law was made president, Mr. Nicholson, captain, and Mr. E. Howe, hon. secretary. Permission was granted the Yeomanry in the town to use the club's bathing-place, two evenings a week were set apart for the ladies, and an afternoon for Penrith Grammar Schoolboys.

The large bath at Croydon has been turned into a school, as the schools have been taken over by the military authorities as a hospital.

J. W. Taylor, for some years hon, sec. of the Halifax Swimming Club, has been appointed theoretical teacher of tailoring at the Middlesbrough Industrial School.

Seven of the members of the Pembroke Club, Leinster Branch I.A.S.A., have been given commissions in the army, and many others have enlisted. Last year among club successes were those of Lieut. J. Becket, R.A.M.C., in the 100 yards Irish Championship; J. C. Wallace in the half mile; O. N. Armstrong in the Schoolboy Championship, and Lieut. J. Beckett in the Leinster graceful Diving Championship. The club team also won the Leinster Senior Cup for water-polo.

W. A. Curwen, the old Liverpool swimmer, winner of the Mersey Championship in 1902-4, now looks after the patrons of swimming in the pool at Wheeling Park, West Virginia. Curwen has also been in charge of instruction in swimming and life saving at Atlantic City and has had charge of several of the pools in Philadelphia and other large cities in the United States. As becomes an accomplished long-distance swimmer he takes great pride in training his pupils for endurance. Many ladies are among his patrons.



HAWAIIAN SWIMMERS IN AUSTRALIA.

immediate right, and the Manager of the Team is left, with Members and Visitors of around them. Duke Kahananoku in the centre, George Cunha on his Mr. Francis Evans (with the straw hat) on I the Surrey Hills S.C.

A story was going around that G. Hodgson, of Canada, the Olympic Champion of 1912 and world's record holder, was off colour, but he was only having a rest, and is now said to be in splendid condition for the games at the Panama Exhibition at San Francisco, where the swimming events take place this month.

The latest American title for a public elementary school gala is that of "The Killifishers." "Swimfest" is another fancy designation imported from Europe.

Mr. J. A. Jackson, our valued San Francisco correspondent, has been promoted to the rank of Lieutenant in the United States Volunteer Life Saving Corps, Dept. of California section.

The Royal Humane Society has awarded its Bronze Medal and Certificate to George Street, of the Hounslow Premier Club, for a gallant rescue from drowning in the Thames on April 12 last. From the outer of three barges moored abreast at Mortlake a boy was shaken off by the wash of a tug into the space between two barges. Any one who knows anything about river work knows how dangerous a position the lad was in. Street, however, jumped in and obtained hold of the boy after a surface dive, but the suction under the barges was so great that he was forced to loose his hold. He, however, soon regained it, and after a struggle the pair were lifted out, the lad unconscious and Street in a state of collapse. The lad had to be restored by the Schäfer method. Street had seen and practised much life saving at Hounslow Baths, where Mr. A. C. P. Handover, of the Central Executive, is one of the hon. instructors of the Royal Life Saving Society.

Mr. Roland Chisholm, the late hon. secretary of the Hawkes Bay Head Centre of the Royal Life Saving Society, has joined the Colours in New Zealand for service with the Expeditionary Forces. His two brothers are already serving with the main body. Mr. Chisholm, who has worked hard in Napier, New Zealand, in the Society's interest for over two years, was presented with a wristlet watch and pocket wallet by the officials of the Head Centre before he went into camp. He has the sincere good wishes of all his friends in England, as have also the many other patriotic swimmers in New Zealand who have so nobly rallied round the old Flag.

The various swimming clubs in Plymouth are asked to combine this season so as to entertain as many of the naval and military men at the front as can be got together for a morning dip. After the opening plunge of the Tinside Swimming Club on the last day in May, it was also stated that the club would deal solely with juniors and beginners this year, and that no matches of any kind would be organised, though competitions for juniors and beginners might be held later on.

The annual series of three swimming races and water polo match between St. Paul's School and Dulwich College took place on May 22. St. Paul's winning all events. F. H. Newman, who won the 100 yards for St. Paul's, swam the distance in 1.3,3, and L. N. Gaskell, St. Paul's, won the 50 yards in 27,4.

The Northampton County Life Saving Society was somewhat hampered last year by the public swimming-baths being occupied by troops, and the life saving examination for adults could not be held. Some of the ladies' competitions were also postponed, but the Society was able to hold the mile County Championship and this was won by C. E. Billington. On the same day a ladies' quarter mile race was also swam, Mrs. H. Wilkinson being the winner. An innovation in the shape of a monthly sealed handicap in swimming styles, diving and life saving, proved instructive and also beneficial, for the members showed gradual and sustained improvement. J. I. Daniel was the ultimate winner of this contest. Long distance trials were also popular, five, including one lady, gaining the mile, three the half mile, and seven, including four ladies, the quarter mile certificate. The president, Mr. F. J. Butlin, has made the suggestion that Sunday life saving classes should be instituted. He has been most assiduous in his endeavours to promote life saving, has presented many gifts for competitions and is always working for the well-being of the Society.

A cup has been presented to the Colchester Swimming Club by Mrs. Hetherington, of Berechurch Hall, for competition in Life Saving work. It will probably be for individual competition, and the conditions will be so arranged that it cannot be won by a member who specializes in one style of swimming, but by the man who is the best all round swimmer. The competitions will be held in the Corporation Bathing-place in the River Colne.

ciation has eighteen of its executive serving with the Colours, including its president, Mr. J. A. Dawes, M.P., and its vice-president, Lieutenant-Col. Fred. Hall, M.P., and its hon. secretary, H. Shilvock.

What are known in California as "Tide Rips," in England as "Undertows" and in Australia as "Surf races" are often formed by sand bars. On going into the surf one will find the water rather deep and further out it will become shallow. This formation, owing to the constantly rolling in of the surf, causes the water in given spots to flow back with great speed, like a mill race, and once a swimmer is caught in it he is quickly carried out to sea. The only way of getting out of this stream is to swim hard across it, as it is seldom more than fifty yards wide. Between these flows, the water makes towards the shore, and therefore the swimmer can return with ease, but an inexperienced one who allows himself to be carried away has to be brought back by the surf reel, which is the only safe means of rescue on surf beaches.

The membership of the Chippenham Swimming Club increased last year from 221 to 256, but it is pleasing to note that more than half the men are under sixteen years of age and that about 50 per cent. of the older members and 5 per cent. of the club committee are serving with the Colours. The number of lady members has been greatly increased.

Those who attempt to swim across the Channel, it is said, follow the example of the Eskimos and Patagonians in rubbing their bodies with oil in order to resist the cold. * * *

The Burnley Club, which has been in existence twenty-nine years, has during that time enrolled over 5,000 members and has paid close upon £300 to qualified teachers for their services. During last year the membership slightly increased, but the club suffered heavily by reason of the fact that most of the prominent swimmers and hon. instructors joined the Colours. A sportsmanlike and praiseworthy action was that of the captain, J. Gilfillan, who after winning the borough championship and the Mayor's gold medal, asked for the value of the latter to be handed over to the local Distress Fund. The club especially encourages the teaching

The Camberwell Schools Swimming Asso- of the young, and though it has some of the fastest and best swimmers in England among its members, it places the services of both honorary and paid teachers at the disposal of all novices who care to join, whether girls or boys. In fact it is the true type of swimming club. It of course goes in for racing and water polo, and this with marked success, but it has for its primary objects the promotion of the art of swimming among both sexes and the stimulation of public opinion in favour of providing proper accommodation and facilities for acquiring the art. As its president it has Alderman T. Walmsley, chairman of the Baths Committee; Mr. T. Clegg is its chairman and Mr. R. Marshall its hon, secretary. The Hon, Dowager Lady O'Hagan is president of the ladies' section and Miss E. Butterworth hon, secretary, The club has strongly supported the Royal Life Saving Society for many years past.

> No fewer than 285 swimming certificates were gained last year by scholars belonging to the Windsor and District Elementary Schools' Swimming Association. Seven boys gained life saving certificates and thirtytwo scholars advanced swimming certificates, the test for the latter being swimming on the breast or back for one hundred yards, half the distance being against the stream and then diving from the surface and bringing up an object from the bottom.

> The Leinster Branch of the Irish A.S.A. has abandoned all its championships for the year and will devote its energies to the training of the young. Every encouragement is to be given towards the holding of the customary school championships.

> Captain A. C. Cooper, 4th Leicestershire Regiment, killed in action was formerly hon, treasurer of the Leicester County Amateur Swimming and Humane Society, and was captain of the Banks Swimming Club for several years. His death is greatly regretted, as is also that of Lance-Corporal H. S. Trotter, who was also a prominent member of the Banks Swimming Club.

> N. H. Bill, of the Aston Swimming Club, who has joined the Royal Warwickshire Regiment, won the 100 yards Midland junior championship in 1909 and 1911. His time on the second occasion was 1.9,1, which is said to be the best known performance in the district for a boy under sixteen.

Midshipman T. T. Turner, H.M.S. Elizabeth, has been awarded the Royal Humane Society's medal for the gallant rescue of a man who fell from a boat when returning to the ship at Port Madras on February 22.

The City of London Athletic and Swimming Association has given a donation of £5 5s. to the British Red Cross Society, through the trade fund, of which the founder of the Association, Sir George Pragnell, D.L., is the hon. treasurer.

Most of the baths on the East Coast of Scotland have been commandeered by the military authorities, while in those which are not artificial lights are not permitted, so that swimming is confined to the day time.

Paul Vasseur, ex-amateur champion of France, has been awarded the Medaille Militaire, and was decorated with it on May 16 last in front of his regiment. Unfortunately, he has since been wounded.

Hermon Donners, the Belgium water polo player who played in the Olympic Games, has died of wounds. Donners, who was engaged in the consular offices at Liverpool when war broke out, immediately answered his country's call and took service with the Belgian Grenadiers.

Mr. John Price, of Barnstaple, an octogenarian, died at the end of May, the result of a most gallant action. Seeing two boys struggling in the River Yeo, Somerset, Mr. Price plunged in, but becoming exhausted, had to be assisted to the bank. One of the boys was drowned.

Mixed and family bathing is to be allowed at the new baths at Finchley, but the mixed bathing will be restricted to members of swimming and athletic clubs officially recognised by the Council, who will be required to present their cards of admission to the bath, and to persons who are members of the same family. We are looking forward to the appointment of a committee of inquiry or inquisition charged with the duty of distributing cards of admission.

Lord Wimborne, the Lord-Lieutenant of Ireland, has consented to become patron of the Ulster Branch of the Royal Life Saving Society.

Mr. Herbert J. Grimwade, the hon. secretary of the Highgate Lifebuoys and one of the most energetic members of the Central Executive of the Royal Life Saving Society, has a complete set of the annual reports of the Royal Life Saving Society since its inception to the present day with the exception of 1894–5 and 1896–7, and he asks if any reader can supply the missing reports. If so Mr. Grimwade will be particularly grateful.

At the Middle Brighton Municipal Baths, Melbourne, on Saturday, February 27, Miss Lily Beaurepaire, a sister of F. E. Beaurepaire and holder of the Bronze Medallion of the Royal Life Saving Society, won the hundred yards championship of Victoria in 1.24. A competition in life saving was won by Miss V. McGowan, of the Albert Park Club.

At the fifty-second annual meeting of the members of the Serpentine Swimming Club held in May last Mr. John Denty was reelected president and Mr. Dave Ainsworth, winner of the half-mile amateur championship of England in 1881–2 and 3, and the mile championship in 1873, one of the vice-presidents; Mr. Alf. Rowley, the energetic hon secretary, also being unanimously asked to retain office.

The South London Swimming Club, of which Councillor George Doland is the president, Mr. A. E. Blay, the hon, secretary, Mr. A. G. Clayton, the captain, and Mr. H. F. Evans, the hon, instructor in life saving, has its headquarters at the Tooting Common Open-Air Bath, and also uses the Balham Baths. It has races on Wednesdays and Saturday mornings, and has for this season a splendid programme of events, including many competitions for club cups and trophies. The members meet every morning and Wednesday evenings and Saturday afternoons at the open-air bath during the summer, and every Monday evening at the Balham indoor bath. Last year the membership was 110.

News is to hand that the Australian swimmer, Fred Cavill, has reached the United States, to take over the duties of instructor at new baths now being built adjoining Washington Park, in Alameda City, to be known as Palm Beach.

THE LADIES' SECTION.

By our "Lady Dorothy."

A PLEA FROM BARROW-IN-FURNESS. ANOTHER MIXED BATHING MINORITY OPPOSITION.

THE Windsor L.S.C. have done very well during the past season. Under the tuition of Miss Thora Pennington, the well-known diver, a very successful life saving class was held. Twelve members gained Proficiency Certificates and eleven, Bronze Medallions. At the Annual Gala a novel prize was given for a very important feature. It was presented by the Mayor to the member adjudged to having shown the best style and highest average during the entertainment. Miss Ivy Strange was the winner. It has been decided to hold the Annual Gala this year and also that the senior members should not be given prizes but should swim for the honour of winning only. This is a very commendable arrangement.

There has been a great debate in Windsor with regard to the mixed bathing question. At a Town Council Meeting a recommendation was read from the Improvement Committee in favour of Family Bathing. In opening the discussion one of the councillors remarked that Family Bathing was only another name for Mixed Bathing. The spirit which animated them now was not pleasure but duty. The nation was foregoing many of its social celebrations and court functions because of the war, and he therefore thought they should deprive themselves of the comparatively small pleasure and excitement of mixed bathing at the present time. He did not think mixed bathing promoted modesty and he therefore moved an amendment that family bathing be not permitted this year. The seconder suggested that this form of bathing was not desirable in such a restricted area as the baths. Another speaker remarked that though it was quite a natural thing when a father took his family to the seaside, in the face of the parade, to teach them to swim, in Windsor it was not necessary nor called for. Someone else agreed, saying that although all possible supervision would be given it would not do away with the moral harm of mixed bathing.

In supporting the recommendation of the Improvement Committee a councillor remarked that he did not think the previous speakers could have visited any baths when mixed bathing was in progress. Personally he had never been there on any occasion when there had been anything which could be considered in any way objectionable. Further he said he knew that the objection in the minds of the opposition appertained to the presence of troops in the vicinity. He was not surprised that the soldiers were brought into the question, as they had been in almost every case discussed, and that they were now being used as a lever to abolish mixed bathing. He observed that, regarding the troops, no one could say anything against them, either at the Baths or outside, and that he had seen nothing that had been detrimental to their characters or to the town. The councillor went on to urge that family bathing was most necessary, and to point out to the council the benefits derived by the children when taught by their parents, in whom they naturally had the utmost con-

The chairman urged the council to hesitate before taking a backward step. Mixed bathing was going on in the Thames at Walton, and many bathing-places, and he said that, in his opinion, a petition and certain letters which had been presented to him were a direct insult to the women of Windsor, and particularly to the members of Windsor, and particularly to the members of Windsor Ladies' S.C. who had taught so many girls to swim. In all his experience he had never heard of anything taking place which was a discredit to the baths or to the baths' management.

A lengthy discussion ensued as to whether it would not be advisable to limit the family bathing to season ticket holders only so that promiscuous bathers should be eliminated. It was suggested also that the privilege should be extended to soldiers and their families. Another councillor said it would not be justice to the ratepayers to restrict family bathing to season ticket-holders

He urged the meeting to encourage everyone these hours, and are thus deprived of their to learn to swim, and remarked that they had three years and had never had one single the motion, for the approval of the recommendation of the Improvement Committee, was put to the meeting and carried by 9 votes to 6.

The Premier club at Newcastle, Australia, held a great swimming carnival, to which they invited Miss Durack. On this particular occasion she made an attempt on the 500 Yards World's Record, of which Miss Vera Neave, of London, was the holder. The swimmer was a great favourite and received an enthusiastic reception. Swimming strongly and evenly she easily accomplished her task, beating Miss Neave's record by 19.2; thus the new record stands at 7.32.

Miss Fanny Durack now holds records for 50, 75, 100, 110, 150, 200, 220, and 300 yards and for 100 metres, 300 metres, 440 yards, 880 yards, and a mile.

At the annual meeting of the Liverpool and District Swimming Association Miss Annie Speirs, who was one of the British representatives at the Olympic games of 1012, spoke for the lady swimmers. She pleaded that the local ladies' championships should be continued as usual, and that while many of the swimmers were engaged on Red Cross work they naturally required some recreation, and swimming provided a happy change. Both Everton and Garston Ladies' Clubs have considerably augmented their I know of several swimmers who are keen membership this season, and anticipate members, and of one who has rapidly worked rendering assistance to charitable objects her way from a private to commissioned by means of galas. Garston is already arranging to hold a gala at which two notable swimmers have promised to lecture and to illustrate their theories by practical demonstrations in the water.

In Barrow-in-Furness there is great indignation amongst lady swimmers. A new bath has just been erected, and the ladies of the Borough have been looking forward to its male attendants shall on alternate days opening for future swims. Unfortunately the Baths Committee have seen fit to readjust the time-table for women's bathing, and have allocated them three afternoons a week from 2 till 4.15 p.m. Needless to say the large majority of those using the baths are its senior members on service, is devoting following their various occupations during its entire energies to the promotion of the

swimming. The only people able to take had mixed bathing now for the last two or advantage of the change are the ladies of leisure, and the shop assistants who, owing complaint. After some further discussion to early closing, are able to swim on Thursday afternoons. The general opinion is that the bath should be open for at least one dinner-hour-12 till 1.30 p.m., and two tea hours 4.30-6.30 p.m. One lady states that she has often seen girls sacrifice both dinner and tea hours to swimming, and that she knows they were looking forward to more benefits when the new baths were ready in the centre of the town. Others ask for an hour and a half each day, and it is only to be hoped that by representation in the proper quarter the ladies' requirements will be met. One imagines that the Baths Committee, in rearranging the hours, thought that during the original ladies' times men might use the bath in large numbers, but they should also have considered that it is only three times a week or in all 63 out of 88 swimming-hours that the ladies have the use of the bath, and for this reason, if for no other, they should surely readjust their arrangements.

> The Leicester L.S.C. have patriotically placed the resources and benefits of their club at the disposal of the Women's Volunteer Reserve. They have offered to give free tuition in swimming and life saving with a view to fitting these ladies for the R.L.S.S. examinations. The Women's Volunteer Reserve is already doing very useful work all over the country, and is rapidly training women for every conceivable emergency.

> The Southend Education Committee have been urging the authorities to give the senior girl scholars increased facilities for receiving swimming instruction, and also that they should be permitted to use the bath more than three times a week. I am glad to say that it has been arranged that the give tuition to the girls at a nominal fee and that they are to be allowed to use the baths on one additional day in each week.

The Hove S.C., in the absence of nearly all

meeting a series of exhibitions was given are everywhere improving, and where, a of the principal racing strokes, and the few years ago, it was quite average to find methods of turning and starting as applied to racing, also the ethics of plunging. This was followed by swimming and diving competitions for both sections. Other clubs might consider this programme to raise interest at club meetings. It is never difficult to get people to give instructive exhibitions. Swimmers are notoriously good-hearted in this respect and rarely refuse their assistance when it is in their power to further knowledge of the art of swimming.

Lindfield S.C. are sharing their bathingplace with the troops. By special arrangement with the commanding officer they have been able to allot certain hours for members of the club, schoolboys and scouts, who bathe at times other than those which the troops utilise the bathing-place. It is announced that "in the circumstances the ladies' section of the club has had to be omitted from the year's arrangements. Might it be suggested that if the hours given to members of the club were given over to the ladies, and that those same members betook themselves to the recruiting office or to an ammunition factory Lindfield would have cause to be proud of the members of its swimming club?

Plymouth is a very enthusiastic swimming centre. At the annual meeting of the Port of Plymouth Swimming Association and Humane Society, ladies' branch, the report recorded a most satisfactory year. The membership stood at 105, 30 having entered during the year for the R.L.S.S. examinations. A schoolgirl team championship was instituted, and this proved to be a very popular event. The hope was expressed that in time the club would possess a very flourishing polo team. The subscription for members for this year was lowered to a very nominal sum, though it was agreed that new members should pay the standard fees. Mrs. H. B. Vaughan, who was again elected to the chair, is one of the most enthusiastic members, who has worked in a very practical manner in the interests of the club.

The Coventry Swimming and Life Saving Society, at the annual spring gala, held the 100 Yards Ladies' Championship of Coventry. Miss Rose Lawrence beat Miss D. Stiles, the holder, in 1.21. This must have been a were awarded last year. There are still good race, as Miss Stiles takes a good deal some schools who do not present pupils for

ladies' and boys' sections. At the first club of beating. Times in ladies' championships local events of 100 yards won in somewhere about 100 seconds, it is now quite common to hear of their being knocked down into the eighties.

> The Stockton and Thornaby L.S.C. made a good start last season by enrolling 80 new members. Three girls were given free scholarships which entitled them to become members of the club. A petition was sent to the Baths Committee asking for exclusive use of the baths on Thursday afternoons, and this matter is now under consideration by that body. It was stated at the annual meeting that though, owing to the war, it had been impossible to hold the usual big gala, a smaller one had been arranged to further encourage the junior members, who were so anxious to learn to swim. Mrs. Wake was thanked for so adequately filling the post of honorary secretary when it had been left vacant and was unanimously wished success in her new work amongst the wounded soldiers.

LONDON SCHOOLS S.A.

ROM the twenty-third annual report of the London Schools Swimming Association we learn that during the past year two new local branches—Edmonton and Finchley-have been incorporated and that the number of affiliated departments has advanced from 1359 to 1397. The question of bath accommodation for carrying on the worthy work of the Association has always been a trying difficulty, but the executive has never lagged in its efforts to overcome it, and has been able to obtain several concessions during the past year. The Association does not aim at the promotion of individual excellence, but seeks to promote collective ability and general efficiency. Most of its competitions are therefore for teams and not individuals.

But its teaching work is its greatest duty, and when we point out that no fewer than 12.716 children passed the tests last year and gained swimming certificates, some idea of the magnitude of the Association's operations may perhaps be gleaned. Yet it does not rest here, for the Association also encourages life saving, and no fewer than 2,960 certificates

examination, but the Executive, rightly believing that instruction in methods of Life Saving is the most fitting completion of a child's swimming career, is urging upon teachers the advisability of devoting attention to this valuable phase of the work. The records of the successful schools seem to indicate that the children respond most readily, and are only too anxious to acquire the knowledge, which will enable them to render capable and efficient aid, should such service ever be required of them. Percentage shields are also given and these for the largest percentage of advanced Life Saving certificates were won by St. Andrew's Boys' School, Holborn, and Netley Street Girls' School, St. Pancras, while the two shields for elementary certificates went to Monica Boys' School, Hoxton, and St. Paul's Girl School, Hampstead. There is also a life saving competition, the premier positions in which last year were secured by the West Square Boys' School, West Southwark, and Marylebone Central Girls' School, these being respectively awarded the Fabian Life Saving shield and the Otter Life Saving Cup.

The finest testimony of the worth of the Association is the fact that 212 scholars have up to date been placed on the Roll of Honour for meritorious rescues from drowning. Of these twenty-three were rewarded last year by the Royal Humane Society, Lily Walker, aged 12, obtaining the Bronze Medal, eight other scholars the vellum certificate, thirteen the parchment certificate and one a certificate of thanks. Ida Bull, aged 12, was one of the

recipients of a vellum certificate.

The Hon. General Secretary is Mr. G. H. Neal, St. Peter's School, Eaton Square, S.W., upon whom an immense amount of labour falls, especially just now as Mr. A. J. Perring, the Hon. Competition Secretary, and Mr. A. L. Kent, the Hon. Minuting and Press Secretary, are serving with His Majesty's forces. Many other active workers are also with the Colours. They have all done yeoman service for the cause of Swimming and Life Saving, and in these labours have had the expert co-operation of the Executive, every member of which is an ardent enthusiast. As a result the L.S.S.A. is one of the best organized institutions for the promotion of Swimming and Life Saving among the youths of London. Their labours should receive every encouragement not only from the parents, but also all who value the art of Swimming as the finest physical exercise and a preventative against loss of life.

THE PANAMA EXHIBITION. GREAT SWIMMING GATHERING. Ladies' Competitions the Attraction.

SWIMMERS from all parts of America are expected to be competing in the games at the Panama Exposition this year. There will be three meetings in all, one being held on July 2, the second on July 16 and 17 and the final on October 22. All the meetings will be held at Sutro Baths, a photograph of the interior of which appeared in the Swimming Magazine of March last.

The chief meeting of the three will be the Exposition Championship to be decided the middle of this month, and for this the world's amateur champions have been invited to compete. Under existing circumstances England has of course been unfortunately unable to send anybody, but in all probability Hodgson, of Canada, will make the journey.

Great interest has been excited by the possibility of Miss Fanny Durack, the accomplished Australian lady swimmer's promised visit, to whom Miss Elsie Hurter, of Chicago,

will in all probability be opposed.

Miss Hurter, who is a pupil of William Bachrach, Coach of the National Champion team and the Illinois Athletic Club, is a clever, all-round performer and a remarkably good diver, thinking nothing of a take off up to fifty feet. Miss Constance Myer, of the Multnomah Athletic Club of Portland, will represent the Pacific North-West, and there are many San Francisco ladies including the accomplished Miss Dorothy Becker, who will be in the competitions.

But, unfortunately, Miss Ruth Stacker, the champion lady swimmer of the Hawaiian Islands, who had such a keen race with Miss Dorothy Becker at Honolulu a few months back, is unable to get to San Francisco owing to her duties as society editor of one of the

Honolulu papers.

The races on July 2 are for the Pacific Athletic Association Championships, for which the competitors have been in training for some considerable time. Only those who are registered with the Association are eligible to compete. The meeting in September is for the State of California Championships

We hope to be able to include a return of the Exposition, or open amateur championships, in our next month's issue.

The Swimming Magazine.

(Second Volume commenced 1st June, 1915.)

Notice to Subscribers.

The response to the proposal, made early last year, to found this Magazine, was so very enthusiastic and thoroughly representative of the Art throughout the World, that the issue of the only organ in the English language devoted to the interest of Swimming, Diving, and Life Saving was assured. The first number was published on the 1st June, 1914, and has continued each month since with complete success.

It is generally admitted that the Magazine has filled a long felt want, that it has admirably answered its purpose, and that it has also proved a valuable medium of inter-communication.

In order to secure its continuance, all interested in the Art of Swimming are invited to forward, without delay, their subscription of 5s. (five shillings), which includes postage. For this sum one copy will be posted on the first of each month for a period of twelve months to the subscriber's address in any part of the world.

Owing to the world-wide distribution of this Magazine it can only be published as a subscription paper. It is not placed on sale with newsagents, and therefore the only way of securing its regular delivery is by becoming a subscriber.

Editor.

William Hen

SPECIAL NOTICE.

Many important reports received by late mails from the Overseas

Dominions, as well as home news and a special description of the Bath

Club Ladies' Contests, will appear in the August issue of the Magazine.

EAR PLUGS.

There are many young swimmers who complain of ear trouble after long swims in cold water or through diving. Now, older swimmers ward this off by ear plugs designed in such a manner as not to injure the delicate canal of the ear, but yet preventing the tympanum or ear drum from being injured by a rush of cold water or sudden shock, while at the same time allowing the organs of hearing to act in an almost normal manner. Cotton wool has been used but it clots too much, is difficult to remove, and is likely to get fixed in the ear. But the Ear Plugs which we advertise do not possess these defects and are so constructed that they can be fitted to any ear and also be easily removed after bathing. They absolutely prevent the cold water from getting into the ears and thus keep the blood heat of the delicate ear parts from being lowered. This in itself is a valuable counteract to possible deafness and the auditory nerve is able to carry out its normal function. Another point is that the ear plugs keep out bad water from the ears, which in the case of slight abscess or even a cut would probably be badly affected.

WATER POLO MEDALS.



The above design, which represents a fullsize medal, has been specially prepared for Water Polo Players; it can be reproduced in silver or any other metal.

Seven medallions in silver cost £1 5s. 6d., or in metal with gilt centre, twelve shillings.

As badges they are issued at one shilling and sixpence each.

To be obtained from the offices of the "Swimming Magazine," cash with order.

Swimmers' and Divers'

EAR PLUGS.

READILY ADJUSTABLE

 $6\frac{1}{2}$ d. per Box.

To be obtained from the Offices of "The Swimming Magazine."

THE SWIMMING MAGAZINE.

Issued Monthly.

Offices: 8, Bayley Street, Bedford Square, London, W.C. Telephone No.: Museum 1432. Telegrams: Natatorium, London.

NOTICES.

AUTHORS and ARTISTS submitting MSS. and Photographs or Drawings for consideration must write name and address upon the back of their work. The Editor cannot accept any responsibility for the safe custody of MSS., etc., so forwarded, but will endeavour to return unaccepted work WHEN STAMPED ADDRESSED ENVELOPE IS ATTACHED TO THE MANUSCRIPT.

All communications should be addressed to the Editor, 8, Bayley Street, Bedford Square, W.C.

SUBSCRIPTION RATE.

Five Shillings per Annum.

The Magazine is sent post free to all subscribers on the first of each month.

ADVERTISEMENT RATES.

For Advertisements of Club Galas, etc., prices will be quoted on receipt of copy and statement of space required.

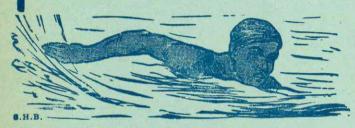
All Cheques and Postal Orders should be made payable to Mr. William Henry and crossed a/c SWIMMING MAGAZINE.



From Start to Finish

You will have more vigour at the start, and less fatigue at the finish if you drink a cup of Bovril before the race begins. Bovril supplies energy for the short race, endurance for the long race, "nerve" for the high dive, and power for every event.

BOVRIL



A cup of Bovril is so light that you hardly notice it so strengthening that you will feel the benefit of it all through the contest.



SWIMMING CERTIFICATES

ROLLS OF HONOUR

CLUB MEMBERS' LOOSE LEAF
REGISTERS

BORDERED BLANKS suitable for SCHOOL CERTIFICATES .

Particulars on application.

TERRY, HERBERT & Co., Ltd.,

THE SWIMMERS PRINTERS.

19 & 21, FORE STREET AVENUE,

:: :: LONDON, E.C. :: ::



J. DAFFERN & CO.,

101, Hatton Garden, London, E.C.

Medallists to the Royal Life Saving Society.

SPECIALITY-

Silver Cups, Challenge Shields, Club Badges, Medals, Silk Embroidered Badges, and General Athletic Prizes.

'Phone Holborn 5282.

Printed and Published for the Proprietors by Terry, Herbert & Co., Ltd., 19/21, Fore Street Avenue, London, E.C.

Editorial Offices: 8, Bayley Street, London, W.C.